

PLUMPTON HIGH SCHOOL

LINKUP



TERM 3, 2016

Principals Message

Congratulations to Tamika Rex for being nominated and selected to represent NSW/ACT in the 2016 Indigenous Female Kickstart Championships in Shepparton, Victoria. This is a great achievement. All selections have been based on leadership potential, character and sporting ability.

This term we welcome and congratulate new members of the permanent teaching and non-teaching staff who have made significant contributions to the school in a temporary capacity over a long period of time.

David Streatfeild has been appointed to a permanent position as a science teacher. David holds a Bachelor of science and a Masters of teaching is a qualified biology, chemistry, physics and general science teacher who has also come to the aide of our students by offering to teach Agriculture – a course with a long tradition at Plumpton. David Has worked at Plumpton in the Science Faculty for 3 years and has undertaken the following roles that have always supported students; Positive Psychology teacher for Stage 6, presenting at Western Sydney Science teachers network meetings, the ACARA STEM program, the Learning Hub, Differentiation Team and HSC syllabus Consultation with the BOSTES.

Ricardo Aguiar has been appointed to a permanent position as a science teacher at Plumpton High School. Ric holds a Bachelor of medical science and a Masters of teaching, is a qualified biology, chemistry, and general science teacher who has also come to the aide of our students by offering to teach Agriculture. Prior to coming into education Ric worked for 10 years in the pathology industry working at Douglas Hanley Moir and brings valuable industry based authentic knowledge to teaching. Ric has worked at Plumpton in the Science Faculty for 6 years and has undertaken the following roles that have always supported students; Contributed to PEC, a member of the PACE team, digging deeper, he is trained in choice theory, has been an assistant year advisor, involved himself in an ESL cross KLA project, has lead professional development in some ICT Transition programs with primary schools and whilst part of PEC collaborated with primary schools in designing and implementing science based projects. Currently Ric is a part of the Differentiation and the Positive Psychology teams.

WHAT'S ON

TERM 4 2016

2 November

Madd Night

7-14 November

Yr 7-10 Yearly Exams

18 November

Yr 11 Formal
Assembly

23 November

Yr 12 Formal

29 November

Yr 7 2017 Info Night

5 December

Yr 10 Charter Signing

6 December

Charter Signing
Night

9 December

Presentation Day

16 December

Students Last Day

19-20 December

Staff Development

Follow us on:



PRINCIPAL'S MESSAGE CONTINUED

I would like to congratulate Matthew Baxter who has been permanently appointed to Plumpton having taught at Plumpton for over 2 years. Matthew is qualified to teach PDHPE and Community and Family Studies. Matthew is, in addition to teaching PDHPE a Positive Psychology teacher at Plumpton and has been instrumental in co-leading the Garden Classroom program and coaching sporting teams.

I would like to congratulate Leslie Rayner who has been permanently appointed to Plumpton Fulltime having worked permanently 3 days/week as the General Assistant at Plumpton since October 2008. As you would agree Les works tirelessly and passionately for our school and always has what's best for our kids, staff and school in mind. Les has a 'can do' attitude whether that be painting, full scale renovations – creation of new staffrooms, coming in early mornings or trouble shooting /locking up late nights for us and the community including on weekends. He also ensures that all tradespeople and contractors fulfil their obligations and manages maintenance and large contracts.

Melinda Davies has also been appointed to a permanent position as a School Administrative Officer (SAO). Mel commenced as temporary SASS member at Plumpton High School on 28 May, 2012. Mel contributes significantly to the office and fulfils roles including; compiling Link-up, using SAP, supporting the Senior Executive, using LMBR systems that are complex to ensure school data is accurately represented. In addition, and importantly Melinda forms quality relationships with our school community as one of the faces of Plumpton at our reception.

NAPLAN and Australian Mathematics Competition - Outstanding Results

Plumpton High School Year 9 students have shown an average Scaled Score Growth from Year 7 to Year 9 of 51.1 points in their 2016 NAPLAN numeracy results. This compares to all students in NSW across all school types of 40.7 points and 40.1 points across Department of Education schools. This indicates a significantly greater level of growth for Plumpton students compared to that of all other students across NSW.

In addition, Plumpton has achieved excellent results in the Australian Mathematics Competition with these results achieved:

1 high Distinction, 3 Distinctions, 20 Credits, significant numbers of attainment at Proficient

The Mathematics Faculty lead by Ms Prasad are to be congratulated for this outstanding set of results. The school and faculty developed a partnership with the Royal Melbourne Institute of Technology (RMIT) at the end of 2014. This partnership was developed to implement the ***Reframing Mathematics Futures (RMF)*** project that targets the development of mathematical reasoning multiplicative thinking skills. The 2016 Year 9 students are the first cohort of students to be taught using this method with it now implemented across Year 7-9. The RMF method will also support achievement in mathematics at a higher level as students' progress towards their Higher School Certificate.

Plumpton are Regional Champions again in F1 in Schools for 2016

Congratulations to Mr Attard and the Plumpton High School F1 in Schools Teams for incredible results. Plumpton High School entered the Regional Championships of *F1 In Schools* again in 2016. The results in 2016 have surpassed those of 2015, these are listed below:

1st and 2nd place in the Cadets class with both teams qualifying for the State Championship.

2nd place in the Development class and qualifying for the State Championship

3rd place in the Professional class and qualifying for the State Championship

4 of the 7 Plumpton teams qualified to go to state champs one of which is the first ever primary school team to qualify for the State championship in the history of F1 in Schools.

PRINCIPAL'S MESSAGE CONTINUED

Elysa Villareal – First Place in the Western Sydney University Unlimited Creativity High School Competition.

On Thursday 1st September Elysa performed at the Western Sydney University Unlimited Creativity High School Competition. Elysa did an exceptional performance and won first place winning the opportunity to record a professional EP consisting of four tracks with a band. The performance standard from all performers was extremely high with many from specialist Performing Arts High Schools and private schools.

Congratulations to **Ashlyn Kumar** of Year 12 who recently sat an examination at Western Sydney University and because of her outstanding result she has been offered an Academic Excellence Scholarship worth \$20,000 to study at Western Sydney if she achieves the ATAR required.

New School Uniform

In late 2015 **Brooklyn Leary** of Year 12 came to me with a concept around designing a school dress to be a part of the uniform at Plumpton. The concept was then developed by a group of students from the diverse cultural backgrounds that represent Plumpton High school and some senior staff. The resulting outcome was a dress that has a business look to it that is practical and comfortable for students to wear. The dress is now on sale in the school clothing shop and is cheaper to purchase than the combination of a skirt and shirt. The dress is able to be worn by students in years 7-12. In addition to the dress black slacks will be available for girls to purchase early next term. These have been introduced at the request of the student body and parents seeking to access an item of clothing that can not only be worn for school, but also is suitable for part-time work that many students undertake.

Bring It On Dance

A great effort by the **Bring It On Dance** team run by Ms Visconti, supported by Mr Baxter competed on Saturday evening 10th September and placed 4th in NSW, an excellent result improving upon a 5th place in 2015. They were choreographed by Shiv Kumar, Tyrah Kennedy, Juliana Aunesii and Christian Hipolito with assistance from Josh Jenkins and Tyrone Tiedemann, Year 12 from 2015.

MAC Club and Media and Communications.

From the ABC partnership that Plumpton has the school was nominated to be the host of JJJ Unearthed. The JJJ Unearthed competition selects from high school bands and performers the best local Australian acts. Having held auditions at Plumpton for interested students, Waranee Mataio, Tyrah Kennedy, Vanessa Salindeho were selected to host the online event. Thanks to the ABC for providing this opportunity and to Mr Hartmann and Ms Cross for organising this.

CEO Sleepout

I would like to express my thanks to the following staff for the organisation of the CEO Sleepout - Ms Tanti, Mr Aguiar, Mr Domingo, Mr Smith, Mr Banting, Mr Streatfeild, Ms Linaris, Ms Viscontini and Mr McFarlane. The school raised \$650 for a very worthwhile cause.

The Principal NSW CONSTITUTIONAL CONVENTION November 7 2016

3 Plumpton High School students made an application to be considered to be part of the NSW Constitutional Convention. Mariel Pineda was one student able to complete the application. It is with great pride that I can announce that Mariel was selected to be one of the 100 student representatives from across NSW. Congratulations Mariel.



PRINCIPAL'S MESSAGE CONTINUED

Thank you to the outgoing Year 12, 2016, School Prefect and School Captain Induction for 2017

The Plumpton High School Community would like to wish Year 12 the very best of luck with their HSC that commences in Term 4 and thank them for their significant contribution to the school and their teachers who have supported them through this journey. In addition, I believe it is important to draw special attention and acknowledgement to the Plumpton High School Prefects and School Captains for their leadership and inspiration as they have guided the student body in a positive and meaningful way. Prefects in 2016 have been Josephine Bulan – School Captain, Jack Gerard – School Captain, Ahavakaia Pinomi – School Vice-captain, Ubaid Ur Rehman - School Vice-captain, Roy Abou Chacra, Shivneel Kumar, Tanja Martinovic, Natasha McFarland, Chade Perez, Afnaan Rauf, Lena-Lee Togahai, Elysa Villareal and Joel Williams.



Our 2016 Leadership team have been outstanding role models to their peers throughout the school and have set a very high standard for those following them. Their mature approach and their ability to work well in a team has seen them work towards establishing greater school spirit through a variety of mediums and have provided a platform from which our future leaders may build. Two significant achievements that the 2016 leadership team have made are the implementation of the *You Can Sit With Me* anti-bullying program and leading of the new

Whole School Assembly each week that acts to recognise students and staff for their achievements at and beyond school. Congratulations and thank you for your valued contribution and mature approach to your role.

At this stage I would also like to congratulate and welcome to the Office of Prefect for 2017 the following students; School Captains - Prabhjot Kaur, and Christian Hipolito, School Vice Captains - Joy Tedeschi and Jonathon Inman supported by Prefects; Zohal Abawi, Julianna Aunese, Maddyson Chapple, Lauren Clark, Madeleine Duggan, Abby Foster, Christian Gatchalian, Taylor Goggin-Edwards, Cameron Honeysett, Afifa Kausar, Tyrah Kennedy, Mariah Chloe Marfil, Cassie Orsmy, Sonia Pillay, Mariel Pineda, Christina Rathod and Brittney Reid. These students represented themselves to the student body and staff earlier this term by presenting a speech about what they will do to promote, serve and support the continued growth of Plumpton



High School. Following this an election was held with the students being successful with their nominations for Prefect. The Captains and Prefects will commence their Office following the Year 12 Graduation Ceremony in Week 10 of Term 3, 2016.

I am sure our new leadership team will be able to rise to the challenge before them with a clear focus, passion and determination. They are an enthusiastic and vibrant team of students who I see further developing over the next 12 months.



PLUMPTON HIGH SCHOOL TAKE OVER

TRIPLE J UNEARTHED



Greetings. You are joining us for one of the funnest hours of radio of the calendar year.

This is the part of Uearthed High where we reach out to an Australian High School and get their students to host a special show for us on Uearthed radio. This is the **Plumpton High Uearthed Takeover**, and you are just in time.

We will skip the natter. Find out about or host school below, cop a playlist of killed Uearthed High tunes from this year, and then enjoy the unmistakably joyous sound of high school students thoroughly enjoying being on the radio for the first time.



The School: Plumpton High **The Location:** Western Sydney
The Hosts: Vanessa, Tyrah & Wazza

The Playlist: [get all the excellent songs from the Plumpton High Uearthed Takeover over here](#)

THE SHOW: dig in below! We can't wait to introduce you to **your Uearthed High winner for 2016**. Be listening to triple j this Thursday to find out who it will be!

[triple j Uearthed](#)

<https://soundcloud.com/triplejuneearthed/plumton-high-takeover-triple-j-uneearthed>

ABC NEWS

Plumpton High School to launch first NSW journalism subject for budding reporters. Students at Plumpton High School in western Sydney will be the first in New South Wales to study journalism in years 9 and 10 next year.

The elective subject, media industry studies, was written and designed by school principal Tim Lloyd in collaboration with industry experts and approved by the Board of Studies.

Students will have the opportunity to study course modules like writing for media, photographic journalism, video journalism, social media and online news, and mobile media and apps.



Photo: Journalism club members Masam Raad, Edithes Yankuba, Nafeesa Rashad and Jessica Szakacs.



They will also put their learned skills into practice and report for the school newspaper which started earlier this year.

"The course came out of the ability to have students develop their intellectual capacity to link their learning with industry so that what they learn is directly transferable beyond the world of school," Mr Lloyd said.

"It opens doors that our kids in western Sydney would usually not have the opportunity to access."

Eighty per cent of the school's students come from the two bottom levels of socioeconomic disadvantage in Australia, according to Mr Lloyd.

He said it was important to not only introduce students to careers they may never have heard of, but also show parents that "their kids have great potential".

Photo: The first issue of The Plumpton Howler was published earlier this year. (Supplied: Plumpton High School)

About 15 to 20 students are expected to study the course which will be taught by English teachers at the school — one of which has worked as a journalist.

The school has also partnered with the University of Technology Sydney and the ABC to help coordinate workshop days for the students and provide support for the teachers.

ABC NEWS

'HELPING ME IN THE FUTURE'

Year 8 student Nafeesa Rashad said she was excited to learn photography as part of the new course.

While she wants to study medicine once she graduates, journalism is her "plan B".

"I think it's going to help me a lot in the future," she said.

"It's different because there's multiple aspects to it — we have photography and writing skills in just one subject; whereas we have other subjects, like English, where we just do writing.

"But in media and communications we get to talk to different people, use their ideas and show people's personalities."

Year 10 student Jessica Szakacs is a member of the newly formed journalism club and hoped the course would also be developed into a HSC subject.

"The school newspaper has allowed me to find out what's happening in the school and let other people know what is happening," she said.

"I watch the news. I haven't really read newspapers that often but I definitely keep up to date with the news."

LEARNING SKILLS FOR 'REAL-WORLD' JOBS

As newspaper revenues continue to decline at Australian publications such as those printed by Fairfax Media, Mr Lloyd said it was important to arm students with the digital skills for newsrooms of the future.

He said he was keen for the school to adopt other industry-based subjects that could potentially help students gain cadetships, apprenticeships or enter university.

Plumpton High School already offers subjects such as engineering for years 11 and 12, forensic science, dance, and a gardening elective that was developed for students with intellectual and learning disabilities.

It also launched a computer coding program this year.

"What we're trying to do is make learning relevant both today and in the future," Mr Lloyd said.



Photo: Principal Tim Lloyd spent three months writing the new media industry studies course. (702 ABC Sydney: Amanda Hoh)

"Our key job is to ensure everything we develop within our students, within the Australian curriculum and looking at the general capabilities our students — having that linked as closely to industry as possible is something we have to do ethically and morally.

"Otherwise we're not actually preparing our kids adequately to succeed beyond school.



ABORIGINAL EXPERIENCE

Students and staff enjoyed participating in the Aboriginal Education day at Plumpton High School on Monday 12 September 2016. This day was the culmination of our NAIDOC celebrations.

Fred Reid and the MALUERINDI CLAN come from the Daingattie tribe (North Western New South Wales). Fred Reid is one of the most skilled and highly regarded ambassadors of his people. Fred and his son and daughter entertained students and staff with storytelling, art and dance and didgeridoo throughout the day.



Students were enthralled with

Fred's storytelling, including the Dreamtime stories, artefacts, discussion of history and culture, and the question and answer section.

They asked intelligent questions and learnt much about Aboriginal culture and history.

In the **Art session** students were able to create their own animal dot paintings. They were introduced to the traditional ways of Aboriginal



art and how ochre was obtained

from the land and how paintbrushes have replaced wattle and other native plants to create drawings and paintings. Students chose from six different totems to create their artworks



ABORIGINAL EXPERIENCE

In the **Dance and Didgeridoo sessions** students learnt about how the didgeridoo was carved from hollow trees that had been eaten by termites and the process Aboriginal men used to create the finished product. Students found out about how the didgeridoo got its name from the early settlers and its use in ceremonies. They learned about a variety of Aboriginal dances and how they are linked to the flora and fauna. Students got to enjoy the kangaroo, emu and the brolga dances. Staff and students performed these at the end of the day.



YEAR 7 ARTWORK USING TOTEMS



THE DA VINCI CENTRE



The Da Vinci Centre at Plumpton High School, has a major role across the school, it supports many different programs that are implemented in the school to help assist all students and their individual needs.

The Da Vinci Centre has seen a number of changes over the last semester. We have had to say farewell to Miss Felicity Watson, who has been a valuable member of the Da Vinci Centre for the past few terms and developed strong working relationships across all areas of the school.

We wish Miss Watson all the very best in her future endeavours.

With the departure of Miss Watson, we have the great pleasure of integrating Mrs Priyanka Bromhead into our team in the Da Vinci Centre. Mrs Bromhead will be working within the Da Vinci Centre as well as teaching Year 7 Lawson for English, Maths and HSIE, she comes to us with excellent qualifications and will be an important member of the team.

We now have the following teachers working within the Da Vinci Centre.

Mrs Rosie Weithaler – Head Teacher, Teaching and Learning, Learning and Support.

Mrs Claire Heenan – Learning and Support Teacher/ Life Skills

Miss Lauren Bunnell – Learning and Support teacher / Teacher Year 8 Lawson (English, Mathematics, HSIE) And Year 7 Lawson (Mathematics).

Mrs Priyanka Bromhead – Learning and Support teacher / Teacher Year 7 Lawson (English, HSIE)

Mrs Sue Pitt – Teacher Librarian

Miss Amy Galea – English as an Additional Language / Dialect (EAL/D)

Mr Nicco Banting – Educational Para Professional / Maths Tutor

Mrs Lee Jackman – Student Learning Support Officer

Mrs Teri Melohn – Student Learning Support Officer / Norta Norta Tutor

Mr Gregg Watts – Student Learning Support Officer

Mr Sandy Free - Student Learning Support Officer (Wed, Thurs, Fri)

Miss Rebecca Abou-Chacra - Student Learning Support Officer (Mon, Thurs, Fri)

Mrs Margaret Vincent – Librarian Assistant (Thurs, Fri)

Da Vinci Workshops

Claire Heenan has been running a weekly workshop called 'Four Wheel Driving' that targets Social Skills in our students. There are currently four students attending who have been working hard at being in control of their emotional 'engines'. We have done a variety of activities including outdoor group games, reflecting on our behaviours and designing coping mechanisms for stress and anger management.

The students involved have made some significant progress in their behaviour management. Each week we focus on a new concept based on the 'behavioural car'. The aim of the group is to assist students in keeping their four wheels (acting, thinking, feeling and physiology) on the ground and for them be self-reflective in order to build their relational infrastructure. Each student in the group has been extremely supportive of one another, frequently proving what a difference relationships make when they are based on kindness and responsibility for self.

By Claire Heenan

THE DA VINCI CENTRE

Student Visit to ABC Studios

On Friday 26th August Miss Bunnell and three lucky students were privileged enough to visit the ABC studios in Ultimo. Students began their day with a morning tea and talk from Jess Tattersall, an employee of the studios who spoke about transitioning from High School life to working and all the joys and struggles that come with that transition. They were then taken on a tour of the studios. Students saw the ABC archives library (complete with photos with Big and Little Ted from playschool), the inner working of the 7:30 report and how the green screen works and finally how a 24-hour news room operates. All students involved had an excellent time and cannot wait to go back next year.

By Lauren Bunnell

Higher School Certificate Examinations

It is that time of year again, all year 12 students across the state are sitting for the HSC examinations which will start on Thursday 13th October and will finish on Friday 4th November 2016. During these examinations it is very important for all students to remember a few basic strategies to help reduce stress and support a positive wellbeing:

- ◇ Breakfast is very important for the start of the day as it will help you stay alert and motivated.
- ◇ Remember to bring all your equipment to the exam and be prepared.
- ◇ Get enough sleep, if you want your performance to be at an optimum level.
- ◇ Use regular stress management techniques such as time management, goal setting, relaxation, breathing techniques and mediation.
- ◇ Remember to have some free time between studying as it is important to have this balance for mental health wellbeing.

Finally, I wish all the students good luck with the examinations and hope that families can support their needs in every way possible.

Nationally Consistent Collection of Data (NCCD)

During Term 3, Plumpton High School participated in the annual Nationally Consistent Collection of Data which is an Education Council initiative. All schools are required to provide comprehensive data that will be used to help the government target resources and provide support in the area of need for students with a disability. Due to the sensitive nature of the information it is de-identified at a school level and the evidence used to determine inclusion is already information documented within the school. This is a great opportunity for us to refine our organisation and ensure that our students have the best resources available to assist them in their learning.

A student will only be included in the national data collection if they satisfy the following two criteria:

- ◇ The student meets the definition of a person with a disability as defined under the disability discrimination act 1992.
- ◇ The functional impact of the student's disability results in the school actively addressing their needs.

If any more information is required, please contact me on 9625 7020.

THE DA VINCI CENTRE

Library

Mrs Pitt, the Librarian is always keen to promote new technology in the Library and has moved Plumpton High towards the 21st Century by organising the library to move across to a new Library Management System called OLIVER. It can be accessed from home and resources may be reserved. There is access not only to our library but to selected Google websites and resources from the Henry Parkes Equity Centre. Students are currently being trained to use our new library site.

NAPLAN 2016 Year 7 and Year 9 results.



The results for the 2016 NAPLAN tests have been received by Plumpton High school and we are now in the process of analysing the data, which will be used to identify students that need extra support in literacy and numeracy. This extra support will consist of small groups, individual lessons or Student Learning Support Officers (SLSO) attending classes. As parents/ carers you will be contacted if your child will be receiving this extra support.

Results of the NAPLAN test will be sent to parents in the upcoming weeks. Once you have received the results, if you feel that your child should be receiving extra support please feel free to contact me on 9625 7020.

Year 6-7 Transition Program 2016 – 2017

I will be running a transition to high school program during term 4, targeting identified students from primary schools. This program provides students with the chance to become familiar with the high school environment and school protocols. We will be looking at important forms such as timetables, bell times, reward systems and school maps as well as discussing study techniques, school uniform and class rules, expectations and responsibilities. This program is extremely valuable to identified students, especially with high anxiety, social skills issues and learning difficulties or disabilities, as it provides them with knowledge of the operation of the school and as such is a “stepping stone” for when they attend in 2017. The transition program will consist of four full days conducted in the library and classrooms at Plumpton High School. All identified students will receive an invitation to attend this program from their primary school.

Rosie Weithaler, Head Teacher, Teacher and Learning.



The GARDENCLASSROOM

EATING BETTER - FEELING BETTER - LIVING BETTER

During term 3 the Garden Classroom has seen their first Winter Harvest. Students were able to sell their broccoli, baby spinach, beetroot and herbs. Due to our crop size we opened up sales to teachers only this time and sold out both times and have raised almost \$200 to go towards our next crop!

The way in which our produce was sold was decided upon by the students and they felt the best method was to visit the staffrooms and allow teachers to set their price! During the second harvest, after evaluating the staffroom deliveries, the students wanted the teachers to come to the garden to experience how peaceful it is. So teachers were invited to purchase their vegetables from where they were grown!

We have experienced some obstacles again this term, our beautiful cauliflowers were almost ready to harvest. We had them all covered with their leaves to keep them nice and white, then a windy weekend with a little bit of extra sun turned them into beautiful bouquets of flowers, not the intended plan. This project is all about the learning, we learnt to secure them better and if they are ready, harvest them! Next term we will be working with Bunnings to learn more about our planting time line, so we can harvest all of our crop at the same time. We also plan to build a few more garden beds so we have a larger crop to cater for more than just the teachers! This term we also expanded our compost collection and now have compost bins in all staffrooms. Our worm farm is producing worm juice by the minute which is providing us with better nutrients to fertilise our soil!



DUKE OF EDINBURGH CAMP

Bronze Award

By: Miss Morais

On the 16th of September, 19 years 9 and 10 students began their Duke of Edinburgh Camp for their Bronze Award. The destination to be explored was the World Heritage Area of the Blue Mountains. Upon arrival to the Katoomba Falls Caravan Park students began setting up camp by assembling their tents. They helped one another and had their tents up in no time at all (practicing on the school oval helped).

Once camp was set up, we all headed off to The Blue Mountains Scenic World for their first hike and bushwalking. During these adventures students were required to carry all their luggage and food in their bags and did really well, considering the amount of food they all had brought with them. Many bags bigger than students, Like a kindergarten student with their first back pack!

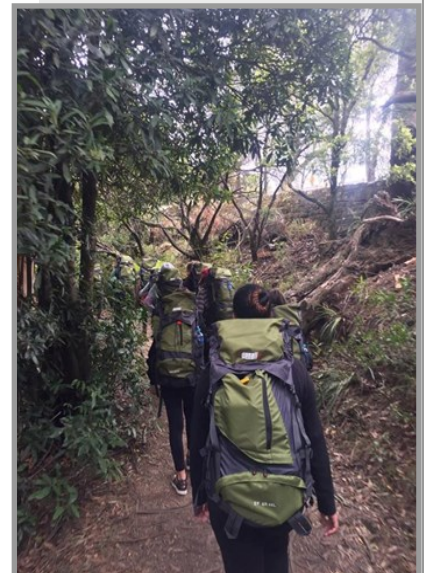


Students were lucky enough to receive a Valley Pass, which permitted them to use the Railway ride down to the boardwalks at the base, before taking the Cableway back up. Students thoroughly enjoyed the Railway ride down as it was very quick and very steep, either giving an adrenaline rush or perhaps testing nerves! It had great views on the ride down overlooking The Jamison Gorge and the iconic but more importantly sacred Three Sisters.

Once they reached the bottom, students were able to walk around the boardwalks

which trailed almost 3km around bushlands beneath the weathered sandstone peaks, towering more than 900 metres high. Students lead the walks themselves and explored the trails they wanted to. All students enjoyed the historic walks through the bushlands, discovering waterfalls, animals and old mining trails/sheds. If ever one would feel so small it would be here in exploring our own precocious back yard amongst this magical environment.

After a long day of hiking, students went back to camp and had an afternoon full of sports and activities. Everyone played a game of Frisbee and Cricket. We finished off with cooking our own dinners and then toasting marshmallows before bed. What a great first day of camp!



DUKE OF EDINBURGH CAMP



The moon light brought all manner of challenges, galling winds resulting in broken tents needing temporary first aid. Not to mention near 0 degree temperatures causing frost bitten bodies. Mother Nature is both beautiful and cruel! After a long sleepless, windy and freezing night students got up at 6am (the crack of Dawn!) to cook breakfast, shower and pack their tents and belongings before the next hike, but not before some running a few laps around the oval to warm up their bodies in the bitter morning frost.

Once packed and ready to go students set off on another long hike along the curving edges

of the Prince Henry Cliff Walk out to Echo Point lookout and then further to The Three Sisters. Many taking on the Giant Staircase part way down to the base of the valley. By this point many legs were feeling the burn and jelly legs had set in, especially after the 600+ steps. After soaking up the warming morning sunlight on our 2 hour trek, and looking out to the expansive bushland and gorge, morning tea was welcomed to recharge tired and weary bodies. Before we knew it we were ready to load our bags, tents and worn out bodies on the bus to head home. Home sweet home.

Overall we had this journey and camp was exhausting, cold but full of fun and shenanigans. We experienced and relished in the sprawling look-outs and infinite scenery that were breathtaking. The Blue Mountains walking tracks were sprawled with countless serene posts to catch your breath and the view. We ate lots, laughed lots, learnt plenty and enjoyed the company. Stay tuned for the next instalment of the Duke of Edinburgh and our Adventurous journey next term! **Photography by: (Mrs Abrahams, Miss Morais & Mr Baxter)**



HISTORY AND MATHEMATICS

Cross KLA Initiative between History and Mathematics

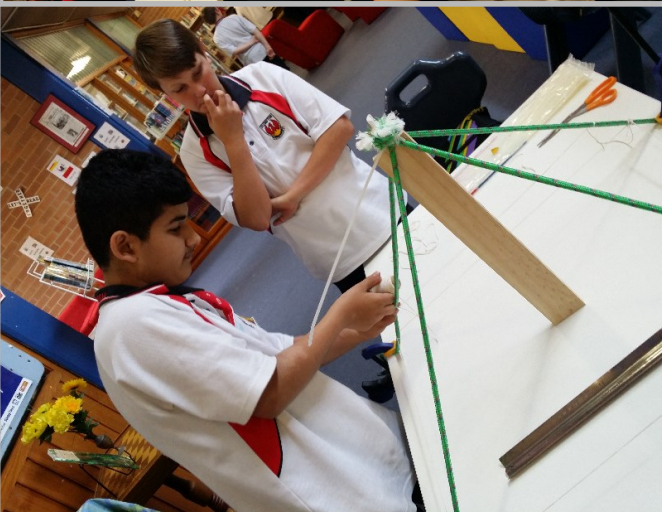
60 Year 7 students experimented, puzzled and debated how to use the limited materials of rope, clamps and string to construct prism pyramids with measured integrity.

Mr Salter and Mr Lowe combined their Y7 Maths and Y7 History classes in the library to engage in a whole brain session on length, perimeter, and pyramids of ancient Egypt.

The conversational noise was at its peak as students figured out how to use the materials and think like ancient Egyptians. It was exciting and energising to see this kind of student engagement. We plan to have more of these classes next term.

Andrew Salter

Daniel Lowe



PDHPE

On Tuesday the 16th of August, 30 year 7 and 8 students were fortunate to go to the Wanderers School Cup and compete against various schools in soccer. The girls team consisted of some students who had never played competitive soccer before, however, they showed great effort and enthusiasm throughout the day. The girls unfortunately did not make the semi-finals, however, the three games they did play, they drew one, lost one and won one. The girls played against St Agnes, The Ponds and Bonnyrigg High School. The girls team consisted of the following students; Christine Inman, Emilee Hicks, Taylor Brookes, Georgia Foote, Nykara De Haan- Berentai, Emily Kinsey, Rikkii Lee Grundig, Cheyenne Meally, Fizza Naeem, Nicole Treharne, Harmony Bartolo, Sonia Assuncao, Kathryn Manoel, Shylah Fenner, Billie Weir. The boys team played tirelessly and showed that sometimes without training teams still have what it takes. The boys showed off their skills playing against, St Clair, St Columba and Doonside High School. They too, unfortunately did not make the semi-finals however, won two of their three games and lost one. The boy's teams consisted of the following students; Daniel Libara, Connor Hews, Petar Martinovic, Enrique Buttita, Bryson Mirkovic, Praneet Singh, Peter Omoregie, Ben Matchett, Zac Mirkovic, Samar Hussain, Jordan Cullen, Zaid Asad, Tyson Ashton, Shaneel Kumar, Mark Johnson. Congratulations on a great day and brilliant skills shown by both our teams. You have made PHS Proud.

Ms Morais and Mr Hartmann.



SPORTS STUDIES EXCURSION

Wheelchair Sports Expo

FREE

11-12 September
the Cutaway

barangaroo.sydney

Wheelchair Sports NSW Barangaroo

On the 12th of September, about 20 students in the Year 8 Sports Studies elective classes went to the Wheelchair Sports NSW Expo in Barangaroo, Barangaroo Reserve to experience what Paralympic sports are like. The students met up at the school's bus bay, ready to leave at 8:00am. After about an hour of driving, we had arrived at the expo in the middle of the city.

When we arrived, we were escorted to our first wheelchair game which was wheelchair rugby otherwise known as "Murderball". There were two teams, each team having four players in wheelchairs. Each player had to wear gloves, for more grip and for a little more protection against the colliding wheelchairs. The whole point of this game is to cross the line with the ball in your hand or on your lap to get a point. The team with the most points wins. The wheelchair's wheels were angled out-wards to prevent sharp turns or collision from knocking the wheelchair down. There were also no spokes; the entire wheel has a plate covering it to make

repairs easier. Every one attending had a go, even the teachers.



After everyone knew how to play and got the hang of Murderball, we went to the next sport which was basketball. In teams of six, we played wheelchair basketball, quite similar to normal basketball but the court was much smaller and the hoops were shorter. Travelling was also considered, with the person in possession of the ball, after two pushes of the wheelchair's wheels, the person must either pass or bounce the ball. This time, there was no need for gloves as it was not as intense as wheelchair rugby. Eager to play, some students raced to the wheelchairs as soon as they could.

There was also a blue end zone where a rectangle was marked out. We were not allowed to cross into this rectangle when taking a shot. The wheelchair's wheels were again angled out-wards to prevent sharp turns from flipping the wheelchair with the person in it.

When our time was up, we went outside to get some fresh air; all that playing can be tiring. Just as we went outside, we saw a group of students all gathered into a small space, it turns out that there was a specialised machine wheelchair on a sort of platform to measure how far you have travelled. Interested, some students and even our teachers went on to see how far they could travel within a minute. They had a leader board as well with the leading person having travelled 600 meters in just a minute. Participants had to wear specialised gloves so that pushing the wheels would hurt less. Ms Morais got a total of 140 meters and Mr Simonovski had travelled a total of 230 meters, beating most people and was in the top 3. Other students from Plumpton also tried, getting above most people before them.



SPORTS STUDIES EXCURSION

When we went back in, we got straight back into the action, starting off with playing blind soccer. To play, participants had to wear really tight kneepads and the rules were quite similar to a real soccer match, but with a smaller playing area and the goals were smaller as well. There were a few soccer balls to choose from, from hollow ones to ones with rattles or bells in them – this is what the partially blind would use to help them play the game with more ease when they have a sight impairment. From teachers to instructors, everyone played with no certain limit to the team's players. We had enough time for everyone to have a go and some even played the whole duration with enough time to drink water and get back into action.

The Last sport up on the list was Wheelchair Badminton; the playing field consisted of a large rectangle and a short and low-hanging net in the middle. The goal was like tennis, to hit a ball over the net and trying to outsmart your opponents with the placement of each hit. The "ball" was called a Shuttle and had a weighted end and had feathers sticking out to make it fall slower. There were two teams consisting of 2-3 people in wheelchairs and 1-2 people standing - depending on the number of people in wheelchairs - over all, each team had a total of 4-5 players in the court. Players could even go out of the court to practice with another before getting on the court .

Overall we had a very exhausting day with all the Paralympic sports on display, we didn't get to all of them unfortunately but there were plenty more, such as; bocce, bowls, table tennis and golf.

Just before we got on the bus, a few of us were allowed to try out the Tri-cycling. This was meant for people to develop their arm muscles and train for upcoming wheelchair travel and sports.

We all jumped on the bus and everyone was still lively and excited whilst travelling home, after a great day of new experiences. We arrived back at school, right on the bell and was dismissed. What a great day of new experiences and challenges for all!



By: Maui Nicolas Photography by: (Ms Morais, Mr Simonovski, Ysabel Giminez and Maui Nicolas)

SPORTS STUDIES EXCURSION

Wheelchair Basketball

One of Plumpton High's students has recently experienced success in her domain of Wheelchair Basketball. Maryanne Latu of Year 12 and her team the Sydney Metro Blues finished second in the national opens women's wheelchair basketball league. This tournament includes teams from every state in Australia and two from NSW.

What makes her success even more outstanding is that Maryanne is one of the youngest players in the tournament and shares the same team as Louise Sauvage, who is one of Australia's most well known Paralympians with 9 gold medals. Maryanne's opponents also regularly include current national representatives.



Maryanne began her Wheelchair Basketball journey in Year 8 through her participation in a school program at Kevin Betts Stadium, Mt Druit. It was here where she developed her love for the sport and through persistence and hard work, her skills dramatically improved. Maryanne is a current member of the Australian Gliders team which is the national representative squad and has her eyes on the 2020 Paralympic Games.

We congratulate Maryanne on her outstanding achievement and wish her all the best for her upcoming SLAM Down Under tournament which will be held in Shellharbour in October.

- Mr Simonovski (HT PDHPE)

HSIE



Society and Culture is a wonderful and fun subject. We have created a family that encompasses students and teachers. Each term we have a family breakfast. Students and teachers bring food that represents their cultural background. In my case, I always bring Thai. Having seen me, you would be correct in saying “but you’re not Thai!” There are 2 reasons why I bring Thai food: firstly, if I bought Haggis most people would be sick, including me; and secondly, I just love Thai food!

During our breakfast we have family discussions about the topic we are studying, these are always fun. We have guests that join us. At our first, Ms Lawson and Mr Lowe enlighten us about their upbringing. Mr Lloyd had regaled the students about his life in the country, which was very colourful. Our second breakfast was pushed forward a bit as we were saying goodbye to Mr De Paoli, our gorgeous and

dedicated prac student. Mr De Paoli set out questions as conversation starters. I know what you are saying “As if anyone in that class needs help in talking!” And you would be

right, but these questions helped solidify what the students had been learning about intercultural communications.



We are all looking forward to our third breakfast to be held in term 4, we will issue invitations to Mr Lloyd, the three lovely deputies, Ms Romeo and of course Mr Lowe, who has now become a pseudo member of the S&C family!!!!



HSIE

A busy term for Year 12 Society and Culture

Year 12 Society and Culture and Miss Romeo have had a very busy term. On Friday 19th August, 4 of the students from year 12 Society and Culture attended a HSC Enrichment Day at Western Sydney University. The day was spent with the students attending university style lectures related to Society and Culture. At the end of the day the students had the option to sit a one-hour exam where they had to answer HSC style essay questions relating to the course topics they had learnt throughout the year at school. If the students were successful they received an early acceptance into Western Sydney University with the option of enrolling into several Social Science courses. It is with great pleasure that I announce that Ashlyn Kumar, Tia Blanch, Saajid Hussain and Ej Piniera were all eligible for this early acceptance.

Congratulations to these students for an exceptional effort and outstanding achievement!!!

On Thursday 8th September, the year 12 Society and Culture class hosted a Personal Interest Project (PIP) information night for the current year 11 Society and Culture students who are about to undertake their major work next term.



The evening was an exciting event with the year 12 students sharing their experiences and passing on their knowledge and expertise to the eager year 11



students.

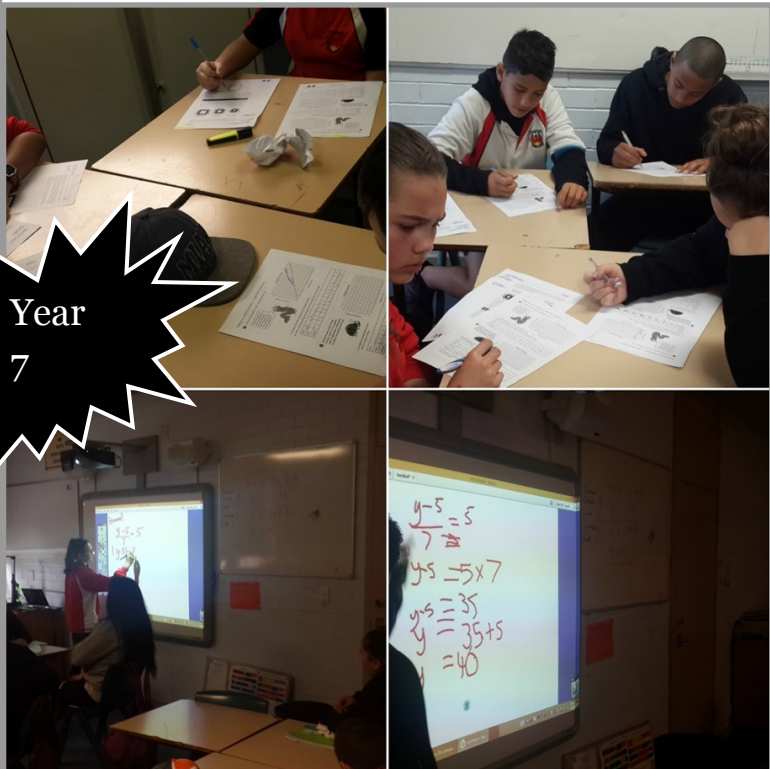
On Friday 9th September, the year 12 Society and Culture class attended the Nan Tien Temple in Wollongong with their teacher Miss Romeo. The year 12 students are currently studying Belief Systems and Ideologies as one of their electives in the course and are completing a focus study on Buddhism.

The day was a relaxing event where the students took part in Tai Chi, Meditation, explored the beautiful temple and gained first hand insight into the traditions, values and experiences of Buddhist Nuns. A big thank you to Mr. Nicholls who drove the students and Miss Romeo to the venue and who also took part in the relaxing retreat!



MATHS

The Reframing Mathematical Futures (RMF) Journey So Far



Year

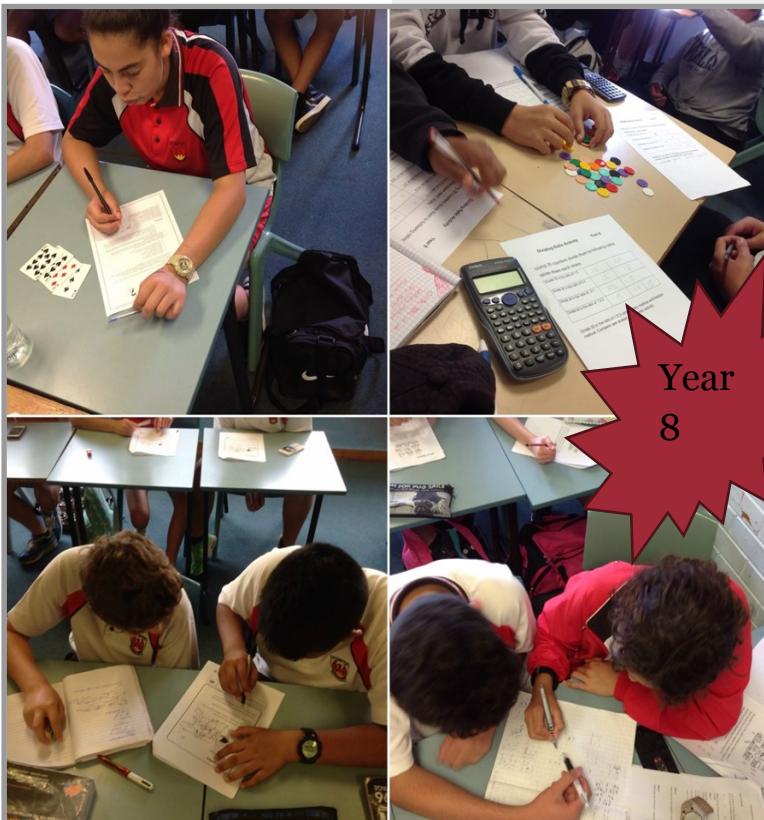
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Reframing Mathematical Futures (RMF) activities at Plumpton high school is just getting bigger. We offer RMF types of activities in years 7 to 10. This is where students are working in small groups at the same level. The levels are calculated from pre-testing at the beginning of the year with the students being exposed to more hands on activities, higher order thinking/problem solving and reasoning tasks to discuss in their groups. The activities are focused on developing students' ability to reason and explain methods/processes they utilise to solve the problems at each level. and their thoughts rather than just focusing on the answer.

The 'traditional' model of teaching mathematics, where students learn topics from a

textbook, with a focus on following procedures to get a correct answer coupled with regular testing, is not affective in developing the capabilities required either at university or in a 21st Century workforce. Our mathematics teachers are not just a math's teacher, they are motivators and facilitators of learning.

The majority of students in Year 9 have adapted to Reframing Mathematics Futures activities, that is, the student centered approach to learning as they were the first year group introduced to RMF activities at the end of 2014. This has contributed to excellent NAPLAN results with a student growth of 65.5%. As in any year group there are students with different abilities and different learning styles; some are willing to come out of their comfort zone and take up the challenge. We are working with all students to make them realise that hands on problem solving and reasoning go a long way to securing a quality education and future.



Year
8

MATHS

What some students have to say!

In my opinion it has aided me quite a lot in solving problems better. Explaining how I got the answer after solving it gave much better understanding of the fundamentals of Maths and how the rules are interconnected.

I feel challenged.

It's a good way to look deeper into our work.

Helpful. Improves team work, sometimes taught better by our peers.



Math's is not boring anymore. I find it fun and interesting."

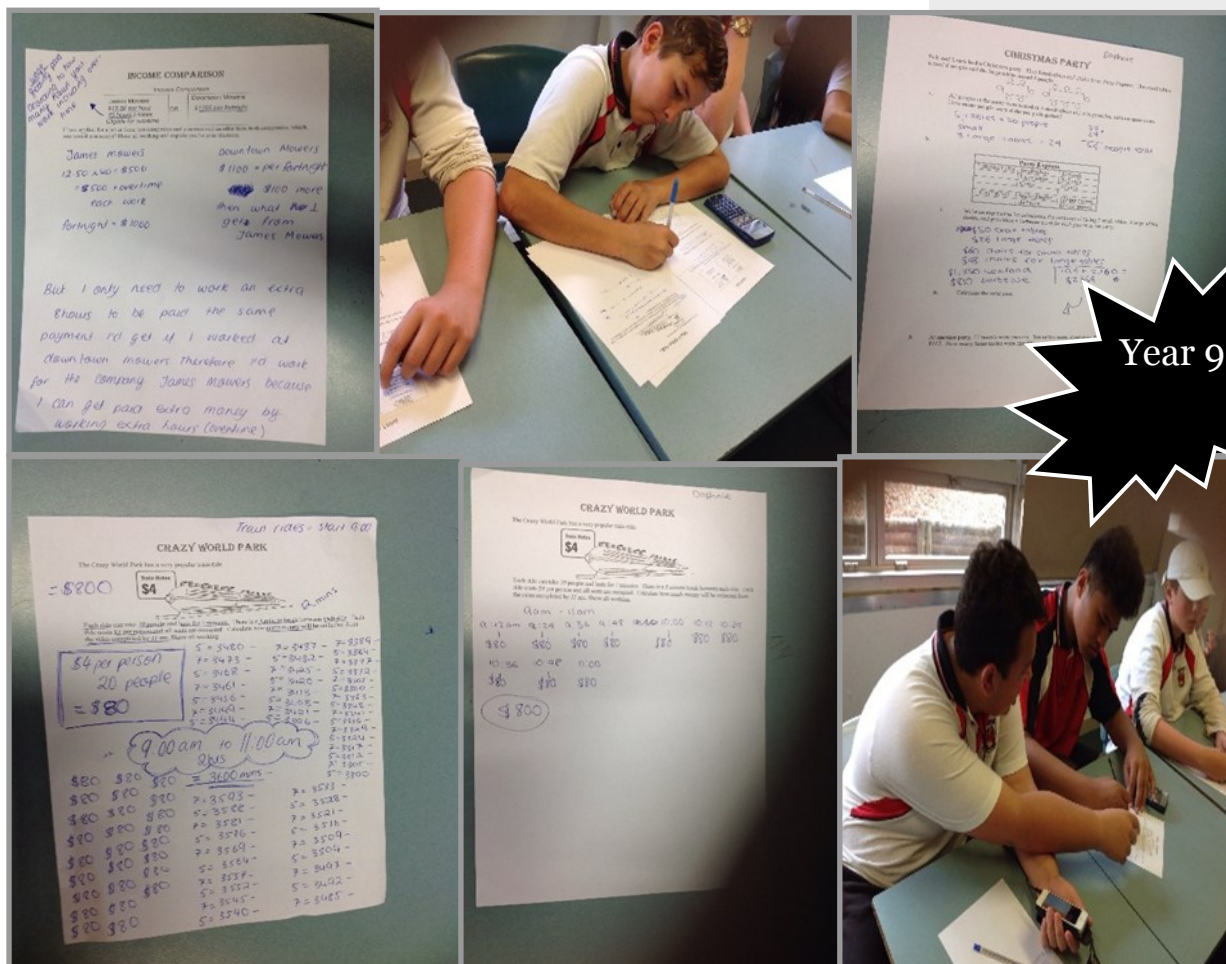
I feel alright about the RMF. I think I just need more of an explanation before I do it on my own. It's a bit challenging and I sometimes feel nervous but curious."

I like how we're put into different level of ability.

I like the activity because it challenges me to show my full potential. P.S it's fun!

MATHS

Plumpton High School is one of the cluster around Australia that is participating in the Reframing Mathematics Futures project run through the Royal Melbourne Institute of Technology (RMIT). This partnership with the university is successfully supporting our teachers in building their capacity and improve student outcomes/ results significantly.



Year 9

Teacher Comment,

I as a math's teacher feel more motivated when I see students while doing RMF activities in majority of our classes involved themselves in group discussions and reasoning which has given them chance to learn mathematics without threat of being failed. Students like hands on activities to improve their reasoning skills where they enhance their knowledge by sharing with other class members confidently and also show a variety of strategies to work out mathematical solutions to same problem. Students feel very confident when they are able to present their strategies to the whole class. The active board has made students more eager to come up and explain. (Mrs Satija)

As a teacher, I'm looking at celebrating their successes in every effort they put in" (Mrs. Shammi Prasad)

CAPA

We have a very busy Term 3 with HSC Practical exams occurring during the term. The Year 12 Students have worked extremely hard in Dance, Drama, Visual Arts and Music to produce high quality works to present to the HSC marking teams who assess the students.

The Dance exam asks students to perform a dance created by the teacher and create a dance work for another student to perform. They then get to choose a major study, this year 1 student created a film while the others performed another dance which they created together with the teacher. Well done to this class on their hard work.

For the Drama exam student's work together to create a Group Devised project around a given topic which they then improvise and develop together into a performance. They then have to choose an Individual project to develop either a performance or design project based on a different aspects of theatre. Congratulations to all students involved on this.

In Music students worked to develop a number of performances or Viva Voce based of topics studied in class to perform for the HSC Markers. This allowed them to work as an individual or group honing their skills in their chosen instrument- voice, guitar, piano etc. Well done to this group who have worked very hard.



The Visual Arts course asks students to create a body of work based on a concept which is developed over the HSC course in a medium which they choose. These students get to do an in depth study into the medium and experiment and develop their idea. These students worked extremely hard to develop these interesting works across a variety of medium.

This very busy term has culminated in a Year 12 Performance evening and a fantastic music night which was a very successful event.

Thank you to the hard working staff in the CAPA faculty who have supported the students in a very successful term.

Photos from Music Night 2016



TAS

2016 Year 8 Success in the Technology Mandatory's Textiles Unit

Year 8 Technology Mandatory classes working in the Textiles Unit have been developing bags for the use of teenagers in their everyday lives.

This task presented quite a challenge to students who have had little or no experience designing a textile item or with sewing machines and cutting out materials.

Some students have been able to progress to completion in record time but for others it has been a trial and error process of discovery. All the students came up with their own ideas for bags they would like to construct but not every proposal was achievable. Some modified their designs and all have learnt a lot about construction and machining of textiles. The following photos speak for themselves. Great work everyone!



Ahad Javad



Isabella Crocker

Isabella Crocker



Daniel Cioara



Breanna Da Conceicao

TAS

Hospitality Cafe

The Year 11 Hospitality students have begun a café which will be run every Friday morning from weeks 2 -9 at 7.30am for the staff to come and buy their breakfast.

Our students are learning how to serve and deliver food and beverages in an industry setting which supports the students in attaining many of their competencies needed to complete the Hospitality course. We have successfully trialled our café three times this term with good responses from the teachers.

Some of the foods prepared and served by the students have been breakfast tacos, Mexican eggs, raisin toast, toasted banana bread and of course coffee and teas.

Earlier this term, Hospitality welcomed a new piece of equipment – an espresso coffee machine with a cart. This has given a whole new dimension to teaching our Hospitality classes allowing students to develop and master their barista skills.

Below are some candid photos of students who have been involved in the café.



TAS

GATES and F1 In Schools

The GATES class recently competed in the F1 in Schools regional competition. This was held at Mt Druitt TAFE and we competed against other schools from the Western Sydney region.

The students from Plumpton High School, Plumpton Public School, Glendenning Public School and William Dean Public School designed and built cars using CAD (Computer Aided Design) and a CNC Router (a computer controlled machine). These cars were finished to a high standard and competed against a variety of other schools with the following results:



Cadet Class:

- ⇒ Team: Smash (yr8 and yr7) – 1st place Junior Cadet Class (to state championship)
- ⇒ Team: Neoen (yr7) – 2nd Place Junior Cadet Class (wildcard to state championship)
- ⇒ Team: Mohawk (yr6 – WDPS and GPS) - 3rd place Junior Cadet Class
- ⇒ Team: Aqueos (yr6 and yr5 PPS) – 5th place Junior Cadet Class



Development Class:

Team: Project Zoom (yr6 PPS) – 2nd place Development class (wild card to state championship)

Professional Class:

- ⇒ Team: The Firebirds (yr 8) – 6th place Professional Class
- ⇒ Team: Mission: Infinity (yr10, yr8, yr7) – 3rd place Professional Class (wildcard to state championship)



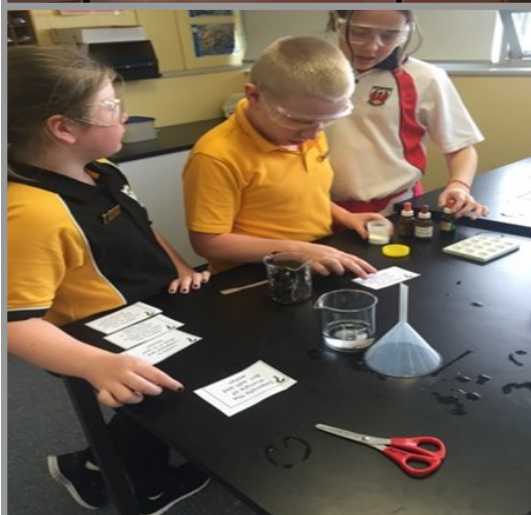
As can be seen we achieved a great deal of success and have 4 teams to go to the State competition. This is a great result for Plumpton High School and reflects the effort of the students.

SCIENCE

Year 8 Da Vinci students were invited to attend an excursion to Museum of Applied Arts and Science (Powerhouse Museum) as part of the FULL STEAM Ahead program. Students participated in coding, careers and creativity programs related to Science, Maths, Technology and Engineering. Students were able to meet and talk to Robotics Engineers, Mars Scientists, Game Developers, Hardware Developers, Museum Designers and Computer Scientists. They were given the chance use Microsoft HOLOLens. This lens is the first fully self-contained, holographic computer, enabling a person to interact with high definition holograms in their world. This is the only HOLOLens being tried in Australia, so our students are very lucky to have had the chance to try them on.



SCIENCE



Forensic Scientists in
action

Forensic Science -
Gifted and Talented
Course for Years 5-8

LIBRARY

Book Week 2016 in your school library

In mid-August we celebrated the CBC Book Week with a program of events to promote reading and books and just have some fun. It is always a pleasure to see the students participating and enjoying themselves, whether watching a video on the Australian classic 'Storm Boy' while eating popcorn, or chatting about the shortlisted books while feasting on Pavlova, and generally taking an interest in the occasion. The theme for this year was **Australia – Story Country**.



Shortlisted Book Chat with (L-R) Kinza Ilyas, Abby Foster, Afifa Kausar, Leah Gray, Sean Bell, Maddy Kiaupa and Jaikayda Guest

We held a Grabble Contest too– this is a fast and fun word game using Scrabble tiles, a game I teach the students as they come in at Year 7. Several students also put in some excellent work on the various Book Week tasks set, for instance, reading and reviewing the shortlisted books, creating haiku and acrostic poems on the theme, colouring in the Book Week Poster drawn by renowned author Shaun Tan this year, writing a brief account of their OWN Australian story or creating a Book Trailer. All work is displayed and points for participation are earned which lead to Book Week Champion.



LIBRARY



2016 Book Week Champion is Nafeesa Rishad and we congratulate her on her outstanding efforts. Congratulations. Thank you to all students who handed in work - many winning small prizes in the individual categories. It was great to see so many Year7's participating in Book Week. *Nafeesa, our Book Week Champion 2016 holding up the Winning book for the Older Reader category, "Cloudwish"– an worthwhile teenage read on the theme of multicultural Australia.*

National Reading Hour was marked in our school during this week, along with other schools and libraries around Australia. About 30 students registered to read quietly for a full hour, with no interruptions or chat, scattered about the library – and I have to say they all did amazingly well at this challenge.



We had a lot of worthwhile, literary fun – thank you to all students who participated. It is always im-

portant to remember the part played by books and reading in the quest for a good HSC.

The time to do this is in one's junior years, before the workload is too large. The poster saying "Readers are Leaders" is proved by the fact that our School Captain this year, Prabhjot Kaur, has been an avid member of our Wednesday Book Club. Congratulations Prabhjot!

Mrs Pitt (Teacher-librarian)



WELLBEING

Following the introduction of Positive Psychology into school's curriculum last year, this exciting initiative will continue in 2016.

Your child's Positive Psychology lessons provide a platform from where they can learn how to develop a positive growth mindset and work on strategies of how to build a positive self-concept.

This is done in a supportive environment, where each class develops their own community values, in lessons that are innovative, authentic and delivered by our school's Leading Teachers.

Our Leading Teachers also act as your child's primary wellbeing contact at school. If your child has a wellbeing issue or if you have a concern of your own you should initially contact the following teacher:

WHO'S RESPONSIBLE.....

YEAR	ENROLMENTS	SUBJECT CHANGES	WELLBEING	POSITIVE PSYCHOLOGY			
7	Mathews	Mathews	Footit	Abrahams (DaVin & Benn)	Romeo (Freeman)	Heenan (Law & Patt)	Smith (Mabo)
8	Groth	Groth	Footit	Abrahams (Freeman)	Romeo (Benn & DaVin)	Heenan (Law)	Smith (Mabo & Patt)
9	Lawson	Holmes	Footit	Baxter (Mabo & Free)	Galea (Benn & DaVin)	Viscontini (Law, Patt & Benn)	
10	Mathews	Holmes	Footit	Baxter (DaVin & Patt)	Galea (Law & Mabo)	Viscontini (Benn)	
11	Groth	Tanti	Footit	Streatfield (Last Name A-L)	English (Last Name M-Z)		
12	Lawson	Tanti	Footit	Tanti (Last Name A-R)	English (Last Name S-Z)		

ATTENDANCE

Attendance Updates via email & SMS

Dear Parents / Carers

If you would like to develop an email link with our Head Teacher Administration, Mr Holmes regarding your child's ATTENDANCE at Plumpton High School, please just send him an email at:

christopher.holmes14@det.nsw.edu.au

The email should state your name and your child's name and year. He will then add you to his Parent / Carer contact list. This will enable him to send you a graphic (as shown below) displaying your child's attendance record for the term. The graphic will be sent as an email attachment (Word file). This will be a quick form of communication if he has any attendance concerns regarding your child.

In 2013, the school has introduced a new attendance tracking system, that has removed the need for paper rolls and runners to collect the rolls. Teachers are now marking rolls electronically in class, giving the school instant data on student attendance in class (as shown below). The new system has been an instant success giving all staff access to an excellent attendance profile of all students, so that any concerning patterns of attendance can be addressed promptly. Remember that there is a very close relationship between high attendance and student success. To encourage students to set high standards for attendance, 3 awards will again be presented at Presentation Day & Graduations in 2016: Gold, Silver & Bronze Attendance Awards.

SMS Notifications

In 2016 you will have been receiving SMS notifications if your child is either absent from school or late to school. Please reply to these SMS notifications promptly so that your child's attendance record can be updated. If the school does not have your most recent **mobile number**, could you please contact the school on 9625 7020 or 9625 7525.



EVERY
SCHOOL DAY
COUNTS

BEING THE BEST WE CAN BE



Our School Expectations

We want our students to be

Be Safe

Great Learners

Be Respectful

Responsible, Productive Citizens

Be a Learner

Leaders Now and in the Future

Kind and Respectful to ALL Others

Can I answer YES to these questions? Am I in the right place? Am I doing the right thing? Am I being fair? Am I being helpful? Am I being kind?

All Actions Have Consequences

ACHIEVING HIGH BEHAVIOUR STANDARDS TOGETHER

We all have a shared responsibility to help the learning and wellbeing of the large majority of students. To do this we need to re-establish our standards in a number of focus areas

It must be clearly understood that there will be consequences for people who fail to meet the behaviour standards outlined in this document.

We cannot accept behaviors which impact negatively on our school learning environment. We each have a responsibility to be the best learners, citizens and leaders we can be. We must respect the wellbeing of others and the learning of others.

At Plumpton High School, we understand that all actions have consequences.

As a school, we work together in peaceful, helpful and kind ways so that the consequences of our actions are positive ones. There are many rewards for working together in such a way, including:

- ◆ Feeling good about ourselves and others
- ◆ Enjoying our lives at school
- ◆ Being able to participate in great learning and many school activities
- ◆ Being acknowledged for our work with merit certificates and other awards
- ◆ Being involved in leadership activities
- ◆ Being successful in our learning

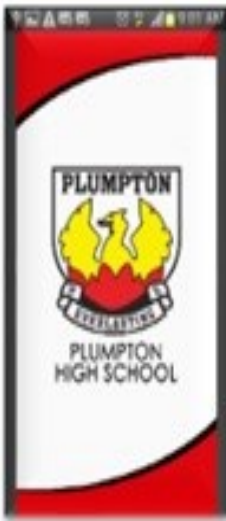
Sadly, it happens that people sometimes lose their way and forget their responsibilities to themselves and to others in our school community. We have to make sure we have good systems in place to prevent such things from negatively affecting our lives at school and our learning. Some of the consequences for people behaving badly include:

- ◆ Warnings and action by your teacher if you fail to meet the behavior standards
- ◆ Referral to the head teacher for action if the problem persists. This means your behavior has reached a very serious level. It is a very strong warning to you that things must improve immediately.

BEHAVIOR EXPECTATIONS

	Be Safe	Be Respectful	Be a Learner
Common Areas	<p>I wear school uniform.</p> <p>I walk at school.</p> <p>I keep my hands and feet to myself.</p> <p>I report any problems.</p> <p>I stay where I am supposed to be- in class during lesson or in bounds during lunch.</p>	<p>I say no to bullying.</p> <p>I follow teachers' instructions.</p> <p>I speak politely and use appropriate language.</p> <p>I put my rubbish in the bin.</p> <p>I leave banned items at home.</p> <p>I keep the school vandalism and graffiti free.</p>	<p>I actively participate in class.</p> <p>I do my best to learn and achieve.</p> <p>I attend class and school every day.</p>
Class	<p>I ask permission to leave my seat/ class.</p> <p>I sit on my seat properly.</p> <p>I sit at my desk properly.</p> <p>I follow the safety procedures of the class.</p>	<p>I listen to the person who is speaking to the class.</p> <p>I put my hand up and wait silently to speak.</p> <p>I take my hat off when I enter the room.</p> <p>I am accepting of the opinions and contributions of others.</p>	<p>I do my class work to the best of my ability.</p> <p>I bring the equipment needed for each lesson.</p>
Playground	<p>I stay inbounds.</p> <p>I act and play safely.</p> <p>I report any dangerous or damaged equipment.</p> <p>I report strangers to a teacher.</p>	<p>I wait my turn at the canteen.</p> <p>I start walking to class when the bell goes.</p> <p>I put my rubbish in the bins.</p>	<p>I use the toilets during breaks rather than during class.</p> <p>I use lunchtime effectively by having something to eat, talking to friends, playing a game, visiting the library or seeing a teacher.</p>
Hallways	<p>I stay to the left when walking.</p> <p>I line up as directed by my teacher.</p> <p>I use the banisters for my hands.</p> <p>I carry my bag safely so it won't hit into others.</p>	<p>I walk quietly so others can continue learning.</p> <p>I stand and wait until instructed to enter the room.</p> <p>I enter and exit classrooms without pushing.</p>	<p>I move to class quickly.</p> <p>I encourage other students to get to class.</p> <p>I show that I know how to go from class to class.</p> <p>I have a permission note if I am out of class.</p>
Toilets	<p>I wash my hands after using the toilets.</p> <p>I keep the toilet facilities clean.</p>	<p>I use the toilets correctly.</p> <p>I save water by turning off the tap.</p>	<p>I use the toilets during lunch times.</p> <p>I have a permission note if I go to the toilets during class time.</p>
Bus Bay/Bus	<p>I wait patiently for the bus.</p> <p>I stay behind the green fence while I wait for the bus.</p> <p>I get on and off the bus without pushing.</p> <p>I keep myself and my belongings inside the bus.</p>	<p>I line up when I see my bus approaching.</p> <p>I speak politely to the bus driver and other passengers.</p>	<p>I model the right behaviour on the bus.</p> <p>I have my bus pass and T-Card.</p>
Formal Exams	<p>I sit properly on my chair.</p> <p>I sit properly at my table.</p> <p>I walk carefully to my table.</p>	<p>I am silent.</p> <p>I put my hand up and wait silently to ask a question.</p> <p>I face the front.</p> <p>I listen to instructions.</p> <p>I sit where I am asked.</p> <p>I leave banned items at home.</p>	<p>I do my best and attempt every question.</p> <p>I bring the necessary equipment.</p> <p>I keep my eyes on my own work.</p> <p>I allow others to concentrate.</p>
Assemblies	<p>I enter & exit in an organised manner.</p> <p>I sit appropriately.</p>	<p>I am quiet throughout the assembly.</p> <p>I listen to all announcements.</p> <p>I act as a mature audience member.</p> <p>I congratulate the achievements of others appropriately.</p>	<p>I think about what is presented at the assembly.</p>
Free Periods	<p>I remain seated in the appropriate area.</p>	<p>I am respectful of classes by sitting quietly.</p>	<p>I use the time to complete all homework or study.</p>

SKOOL BAG APP



Download Now

Assist in Communications with Plumpton High School

Get the *Skool Bag* App For Your Phone.

At Plumpton High School we are constantly working on creating opportunities to allow students, staff and the community members to be 'the best we can be'. As part of our commitment to innovation and communication, Plumpton High School now has its own app that can be downloaded onto Apple and Android Devices. This exciting tool will give parents and guardians increased access to vital information about important events being run at the school as well as being able to fill out e-forms at the click of a button to help explain student absence or give permission for extra-curricular events.

As technology continues to evolve, Plumpton High School is dedicated to evolve with it in any way that enables us to best support our students and their community.

You can download the app by searching *Plumpton High School Skool Bag* on your devices app store.

Just look for the Plumpton Phoenix Crest. More information will be coming out soon regarding the use of the app and the specific functions for parents and guardians for our students.



MANAGING MY PASS OUT CARD RESPONSIBILITIES

As a Year 11 or 12 student at Plumpton High School you have been provided with a 'Pass-out Card' that will allow you to enter and leave the school at different times to that of junior students (Years 7-10). Plumpton High School sees the Year 11 and 12 students as young adults and as such the school seeks to provide a level of responsibility equivalent. Outlined below are the expectations and guidelines associated with your Pass-out Card.

1. You will only be permitted to leave the school if YOU have YOUR Pass-out Card
2. If you do not have a class Period 1 you may arrive at 10am
3. If you have no class P4 you need to leave during lunch 2 (gates are locked at the end of lunch 2, if you are still here you need to be in the library)
4. All students to be present Period 2 and Period 3 = Senior Study or Library
5. You may attend the shops Lunch 1 and Lunch 2 with your card
6. You need to return before the bell goes at the end of Lunch 1 or Lunch 2
7. Food purchased at the shops is to be consumed at the shops (please do not buy for juniors).
8. If you attend TAFE you are to depart at 1:00pm unless alternate permission is granted.

N.B. The front gates are closed during the course of the normal school day. Please ensure you enter/exit at set times to reduce inconvenience to office staff.

Should you make decisions and take actions that contravene the expectations and guidelines associated with the Pass-out Card the privilege may be removed.

	PLUMPTON HIGH SCHOOL
SENIOR APPROVAL CARD (SEE REVERSE FOR CONDITIONS)	
NAME:	 Place Picture Here
VALID FROM:	

NSW VACCINATION PROGRAM

The 2016 vaccination program will begin being administered at school on **Tuesday 29th March 2016** by nurses from the Sydney West Health Service, and will involve **all Year 7 students**.

Details of this year's vaccinations are as follows:

Tuesday	29th March 2016	1st dose HPV– dTpa
Tuesday	31st May 2016	2nd dose HPV– Varicella
Tuesday	11th October 2016	3rd dose HPV

Students are being provided with additional information, including consent forms and specific information regarding the purpose of each vaccination. It is critical these forms are completed and returned to the school prior to the vaccination date.

Vaccines are free only in the year they are offered under this program. If students do not commence their scheduled vaccine courses this year then they can only be obtained through private purchase on a prescription from the GP.

Do not hesitate to contact the school on 9625 7020 or daniel.footit@det.nsw.edu.au if you have any concerns or queries about the vaccination program.



COMMUNITY NEWS



Family Skills Program

For Parents, Grandparents, Carers, Teachers & those working with children.

5 WEEK PROGRAM Term 3 - AUGUST 2ND – AUGUST 30TH, 10:30AM – 1:30PM

Term 4 October 18th to November 15th 5.45PM to 8.30PM

- Do you argue with the children a lot of the time, and feel like you are not getting anywhere?
- Do you have difficulty dealing with 'bad' behaviour?
- Are you feeling your parenting is being tested?

The Family Skills Program provides the opportunity to;

- Develop a positive relationship with each of your family members.
- Reduce adult/child conflict. Learn conflict resolution skills.
- Help your kids meet the challenges of modern life.

This is a FREE Program Book early places fill fast

Each session lasts 3 hours, over 5 weeks. Meal is provided.

ENQUIRIES & BOOKINGS

Phone Debbie: 0417 420 620

Email: info@chainreaction.org.au

Mount Druitt Learning Ground

Behavioural Change Management Centre for Families
Bidwill Square, Bidwill 2770



Enablers Program

FOR ADULTS SEEKING SELF UNDERSTANDING AND LEADERSHIP SKILLS

5 WEEK PROGRAM Term 3 - AUGUST 2ND – AUGUST 30TH, 10:30AM – 1:30PM

Term 4 - October 18th to November 15th 5.45PM to 8.30PM

Would you like to;

- Be confident enough to find your own voice
- Be motivated to keep trying to reach your goals
- Learn skills to recognise your successes

The Enablers Program offers:

- Better understanding of self-worth
- Knowledge about how we got to be where we are
- New skills for a way forward
-

An opportunity for clear communication with others

The ability to better understand yourself worth, for sometimes we forget to take care of ourselves.

Have you asked WHO AM I.

This is a FREE Program Book early places fill fast

Each session lasts 3 hours, over 5 weeks. Meal is provided.

ENQUIRIES & BOOKINGS

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Bidwill Square, Bidwill 2770

COMMUNITY NEWS

FREE ONE DAY WORKSHOPS

*Parenting in the digital world
Thursday 11th August 2016
10.15am to 2pm

*What to do when kids push your buttons
Thursday 25th August 2016
5.45pm to 9pm

*Understanding your child
Thursday 27th October 2016
5.45pm to 9pm

*Raising boys
Thursday 17th November 2016
10.15am to 2pm

Presented by Melissa Hood
Author of Real Parenting for Real Kids



WHERE: Learning Ground, Bidwill Square
Off Carlisle Ave Bidwill.
*Meal included
*Limited places available
Call Debbie on 0417 420 620
Closing Date Monday before each starting date 4pm



Music Piano

Lessons



Only \$20!!!

Hi, my name is Adrian and I've been playing piano for 10 years. I've been teaching for 1.5 years. I enjoy teaching. I teach all ages 4yrs +. I completed 8 grades with AMEB, and have ever since worked to expand my musical capabilities. I hope to contribute to others as I know music has been a blessing in my life.

Whether you want to finally master piano or help your kid play like Mozart, I'll do all I can to help make it happen.

Adrian Magallanes

0481 581 158

(Plumpton)

Music Theory - Classical Piano - Pop Music - AMEB Piano Exams - Piano for Leisure

COMMUNITY NEWS

LEARN KARATE



Learn traditional KARATE and self defense while enjoying a fun sport for all of the family from 5yrs old



Ropes Crossing... Mon 6:00pm The Community Hub, 54 Pulley dr
Glenwood..... Mon 6:00pm Neighbourhood Centre 32 Glenwood Park dr,
Castle Hill..... Mon 7:00pm, Excelsior Public School Hall, Rondelay dr
Quakers Hill..... Tues 7:00pm Quakers Hill Community Centre, 7 Lalor rd,
Glendenning..... Wed 6:30pm Neighbourhood Centre 48 Golding dr
Hassall Grove..... Thur 7:00pm Neighbourhood Centre, 25 Melanie st
The Ponds..... Thur 6:00pm The Community Hub 54 River Bank dr

No appointment necessary,

Join fee \$65pp (includes a uniform)

Term fee \$100pp (School term) First lesson FREE

Instructing locally since 1999



Text 0412 447 911

www.kyoukeikarate.com

karate_email@yahoo.com.au



Self Defense Respect Leadership Self Esteem Traditional Karate
 Fitness Increased Attention Span Confidence Building Social Skills