

TERM 1 | ISSUE 31 |

APRIL 2019

KEY DATES

APRIL:

30th Back to school

MAY:

8th	School Athletics			
	Carnival			
13th	Zone Cross Country			
14th	Year 7 & 9 NAPLAN			
15th	Year 7 & 9 NAPLAN			
16th	Year 7 & 9 NAPLAN			
21st	Year 10 into 11			
	Subject Selection Night			
22nd	Wet Weather Date			
	(for Athletics Carnival)			

JUNE:

12th Music Night 21st Zone Athletics 24th HSC Trial Exams Start

JULY:

5th HSC Trial Exams End

PRINCIPAL'S MESSAGE

Dear Parents and Carers,

Plumpton High School enjoyed another successful year in 2018 becoming one of the top 10 NSW schools for moving students into higher Bands in the HSC. The school achieved the highest HSC result in the Network School, Vice-Captain Jessica Szakacs receiving a Ministers Award for Excellence and won the Western Sydney University Fast Forward Academic Excellence Scholarship that provides \$20,000 over 4 years to support her at university. This achievement has come on the back of the previous school Plan 2015-2017 where significant infrastructure across teaching, learning, leadership and wellbeing have been developed and implemented. Being the first year of the 2018-2020 School Plan implementation, it was pleasing to see staff, students, parents/carers collaborate to ensure the best possible outcomes for our students. The three Strategic Directions of the School plan – Build and Consolidate Intellectual Infrastructure, Build and Consolidate Relationships (incorporating self-concept and Build and Consolidate Reflective Practices have built upon the previous School Plan.

Student success of our Year 12 HSC cohort in gaining early entry into university has been exceptional with 36 offers made to the 100 students in the year with final offers to university at 63. These offers have been unconditional based on strong student academic records and engagement in other school and community based activities.

Some of these include; representation as a Student Executive Council member by being either a School Captain, Vice-Captain or Prefect, completion of Duke of Edinburgh Award Scheme, Blacktown Youth Ambassador, NSW Government Youth Advisory Council, Project Management, Volunteering, Charity work, Ministers Awards for Excellence, Leadership in school development.



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Plumpton has shifted school culture to a 'wellbeing' from a 'welfare' disposition supported by high expectations and clear expectations for all. The Wellbeing Framework is embedded in the curriculum and timetable that includes Positive Psychology, Growth Mindset and Choice Theory, with all Executive and Wellbeing Team formally trained. This framework has acted to support students in shifting their mindset to one that embraces challenges, revelling in finding solutions to complex problems individually and collaboratively and persisting in the face of setbacks.

The School Plan focusses upon developing Intellectual capacity for staff and students, student wellbeing linked to development of positive relationships, improving self-concept, and building an ability to critically reflect. This is linked to consistent evidence based teaching and learning structures and framework across school that prioritises how students learn as well as content with a strong focus on higher order thinking and complex problem solving.

Plumpton has improved the quality of teachers through high quality evidence based Teacher Professional Learning system mostly developed and delivered by the school. This is further enhanced with continued support to beginning teachers by Head Teacher Mentors who are experts in humanities, maths and science. Plumpton implemented a Gifted &Talented program structure enabling students to follow a course of study from Year 5 to Year 12 including courses such as computer science, dance, engineering, robotics, media industry studies, drama, forensic science etc...

Large senior curriculum diversity ensures students can select courses they are successful in and enjoy. This Includes 9 Vocational Education Training (VET) courses, Content Endorsed Courses through to Extension 1 & 2 English, Extension 1 & 2 Maths, Physics, Chemistry etc... Student choice drives timetable structure and course offering.

We created a Senior Study in 2015, staffed by a Humanities teacher, Maths/Science teacher, PDHPE teacher and an English as a Second Language teacher. The role is to support senior students with assessment – decoding, scaffolding in conjunction with classroom teachers, homework, and study. Three separate rooms (1 – open plan collaboration room, 2- quiet room individual study nooks, 3- computer room for assessments etc...) make up the study. A Head Teacher oversees the Senior Study.

A Student Futures and Career strategy where all Year 10 develop a Career Path Plan linked to Senior Curriculum choice to develop students' capacity with targeted work experience and TAFE taster programs often leading to reengagement and retention in school has been implemented. An integral part of the Futures strategy is the significant corporate partnerships the school has developed with companies such as Citi Group, The ABC, Microsoft, Amex, Commonwealth Bank, JP Morgan Chase, TAL etc... These partnerships as an example provide students in years 9-12 with the essential leadership skills and other capabilities they need to engage in a successful, meaningful career. Executive role models from these companies mentor the students to develop their skills and build their confidence, encouraging them to aspire to senior roles in business and the community. Many of these students hold leadership positions at Plumpton High School as House Captains or members of the Student Executive Council already, and aspire to be School Captains and Prefects in Year 12. Students in years 7-8 also benefit from these corporate partnerships being engaged in significant projects around various aspects of technology in areas such as robotics, computer science, engineering and problem solving.

Plumpton implemented a Care and Control process/system that identifies students at risk of not completing their HSC and develops improvement plans. Parent contact forms a crucial part of the system.

TOP 10 NSW SCHOOL 2018 MOVING STUDENTS TO HIGHER HSC BANDS

On the next page please find some of these outstanding results >>>



Christoper Alexander

University: Maquarie University | Course: Business Administration



Sofia Assuncao

University: Western Sydney University | Course: Social Science



Jessica Bull

University: Western Sydney University | Course: Social Science



Brielle Ellis

University: Western Sydney University | Course: Health Science



Ivy - Rose King

University: Western Sydney | Course: Design & Visual Communications



Margarette Lara

University: Western Sydney University | Course: Criminal Justice University: Maguarie University | Course: IT University: University of Technology Sydney | Course: IT & Creative



Steven Martin

University: Maquarie University | Course: Primary Teaching



Patricia Ortiz

University: Maquarie University | Course: Science



Amber Sowter

University: Western Sydney | Course: Design & Creative Industries



Ernest Tayson

University: Western Sydney University | Course: Information Technology & Business Administration



Amena Ashraf

University: Maquarie University | Course: Business University: University of Technology Sydney | Course: Business

Course: Policing

Course: Anthropology



Seth Belocura

University: Western Sydney University University: Western Sydney University University: Western Sydney University | Course: Social Science University: Charles Sturt University | Course: Criminal Justice



Shaleen Datt

University: Maquarie University | Course: Arts - Psychology



Megan Galea

University: Maguarie University | Course: Business Administration



Francine Kishor University: Australia Catholic University | Course: Social Work University: Bond University | Course: Social Studies

University: Western Sydney University | Course: Social Science



Alex Madeley

University: Western Sydney University | Course: Primary Teaching University: Western Sydney University | Course: Pathways to Primary Teaching



Khiya O'Keefe

University: Western Sydney University | Course: Primary Teaching



Jorgia Reid

University: Maquarie University | Course: Primary Education (0-5)



Jessica Szakacs

University: Maguarie University | **Course:** Primary Education



Edith Yankuba

University: Maquarie University | Course: Journalism University: Western Sydney / University of Sydney / University of Technology Sydney | Course: Communication & International Studies Marjor in Journalism

PHS WOMEN IN LEADERSHIP COURSE WITH CITI GROUP

A select group of 16 Plumpton High School Year 11 young women attended day 1 of the Focus – Women in Leadership Course yesterday hostel by Citi Group one of our highly valued corporate business partners. The course is run by ABCN, who are also a crucial partner of Plumpton assisting in the development of our students. This course runs over three days spread over three weeks.

The Focus program provide young women from schools with the essential leadership skills they need to engage in a successful, meaningful career. Female executive role models from Citi Group mentored the students in small groups to develop their skills and build their confidence, encouraging them to aspire to senior roles in business and the community. Many of these girls hold leadership positions at Plumpton High School as House Captains or members of the Student Executive Council already, and aspire to be School Captains and Prefects in Year 12.

Students heard from their executive mentors about their stories and leadership journeys, investigated goals setting, analysed women in leadership who they hold as role models and shared their own stories. Discussion was held around 6 styles of leadership; Commanding, Visionary, Affiliate, Democratic, Pacesetting and Coaching and what type was appropriate for varying circumstances.

Thank you to Citi Group and ABCN for continuing to provide our students opportunities that are changing their life circumstance. In addition, it is essential we recognise the great teachers and parents who are also supporting this level of student success.



PRINCIPAL'S MESSAGE

HAYLEY TANTI RECIPIENT OF THE CORAL MCLEAN CHIFLEY WOMEN OF THE YEAR AWARD

Our wonderful careers advisor, Hayley Tanti, has won the Coral McLean Chifley Women of the Year Award.

Hayley was nominated for the incredible contribution she has made to the community including the work she has undertaken as our Futures Centre Coordinator, the programs she has led and established, being a member of the SES and general contribution to the Chifley community.

The Coral McLean Awards celebrate the outstanding achievements of local Chifley women and are dedicated in memory of Coral McLean, known to many as the 'Mother of Mt Druitt'. Coral helped establish the Mt Druitt and Area Community Legal Centre and was one of the founders of the Mt Druitt Reconciliation Group, helping pioneer the annual Reconciliation Walk.

Ally Rice of year 12 was the guest artist who performed at the ceremony. Once again congratulations to Hayley!!



PLUMPTON ABCN SCHOLARS MEET THEIR MENTORS

Our three ABCN Scholars from Year 11, Nafeesa Rishad, Faqeeha Amal and Urooj Hussain who won 3 of the 30 ABCN Scholarships across Australia in late 2018 met their corporate mentors in March.

The young women are being mentored by; Carolyn Hely from JPMorgan Chase Bank, the Head of International Banking, Commercial Banking, Australia and New Zealand; Carolyn Fallowfield from TAL the Head of Finance Systems; Daisy Desa from TAL a Claims Internal Operations Consultant.

The opportunity provided time for the mentors and students to get to know each other, time for sharing of both the mentor's and student's story and journey, discuss goals and understand how the scholarship and its many initiatives will support the students through until the end of their first year of university.

Plumpton High School would like to express our sincere thanks to these three high achieving women in leadership, their respective companies and ABCN for supporting our students in their leadership journey over the next three years.



WENDY TUCK, PLUMPTON HIGH SCHOOL ALUMNI - 1983, FIRST WOMAN TO WIN CLIPPER ROUND THE WORLD YACHT RACE RETURNS TO PHS

Wendy joined our Year 11 and 12 students in their Positive Psychology lesson today to share her inspirational story of winning the Clipper round-the-world yacht race as the first women to do so, and competing in 10 Sydney to Hobart yacht races. life journey. She provided insight her life journey, how she achieved what she has from humble beginnings and the processes that have benefited her, including her determination, goal setting, resilience, leadership development.

We will continue working with Wendy, as she will have an increased presence in our school supporting the continual development of our great school. In addition, we will communicate her movements around the world in future yachting journeys.

Thank you Wendy for sharing your story and giving of your time so generously.











For more information about Wendy's amazing accomplishment, please visit:

www.abc.net.au/news/2018-07-29/wendy-tuck-becomes-first-woman-to-win-round-the-world-clipper/10048800

JESSICA SZAKACS - WESTERN SYDNEY UNIVERSITY ACADEMIC EXCELLENCE FAST FORWARD SCHOLARSHIP WINNER

Congratulations to Jessica Szakacs, PHS Vice-Captain 2018, who has won the Western Sydney University Fast Forward Academic Excellence Scholarship. This scholarship provides Jessica \$20,000 over 4 years to support her at university. Jessica attained the highest ATAR in the area in 2018 and was actively involved in the Fast Forward program whilst at school.

Plumpton High School currently has approximately 80 students engaged in the Fast Forward program in partnership with Western Sydney University.



Fast Forward

The program encourages high school students and their families to see **set of the set of**

The program aims to increase the higher education participation rates of students in the West by enhancing students' knowledge, skills and educational attainment. The Fast Forward program gives students a greater preparedness for participation and success in higher education.

PRINCIPAL'S MESSAGE

PREFECT PUBLIC SPEAKING TRAINING

Plumpton's 29, 2019 Prefects undertook their formal Public Speaking Training yesterday in our newly refurbished Library. This training was conducted by our previous School Captains – Prabhjot Kaur (2017) and Edith Yankuba (2018), School Vice-Captain – Jessica Szakacs (2018) and Prefects Abby Foster and Afifa Kaursa (2017). These alumni have previously been mentored and coached by The ABC Public Speaking Coach across three levels of public speaking.

The day was an outstanding success with students developing the necessary public speaking skills that will assist them perform their leadership role in the school. Most importantly, it builds an essential capability in effective communication for the world beyond school, whether that be in future leadership roles or for interviews.

Thank you to Prabhjot, Edith, Jessica, Afifa and Abby for supporting the ongoing implementation of the Plumpton High School student leadership model. They will also form part of a Student Leadership Advisory Committee with the Futures Centre Coordinator Ms Tanti, Student Executive Council Coordinators – Mr Temby and Ms Linaris and the Principal. Business partners and University partners will be invited to provide input into this structure to support future planning ensuring students are accessing and developing the necessary capabilities to be successful beyond school.



CITI GROUP MENTORING YEAR II STUDENTS

Plumpton's Citi Group Mentoring recommenced on February 12th with 50 Year 11 potential school leaders working with each Citi Group mentor working with 3 students.

Mentoring can be seen as a learning process in which the mentor may use discussion, inquiry, requests and reflection to help students identify personal and career goals. They can help to develop relationships, understandings, strategies and action plans intended to achieve these goals. Importantly, in the student/mentor relationship, students are responsible for their own achievements and success. The student may act and the mentor may assist but the mentor doesn't lead or do more than the student. The mentor can also assist by sharing an outside, unbiased perspective and specific insights and skills to empower the students toward their goals.

This mentoring program assists our students' decision-making and goal setting about their direction at and beyond school, leadership, understanding the world beyond school in general, the opportunities available in the corporate world and other industries. Students continue developing soft skills in areas of communication and networking etc... and gain valuable knowledge about strategies that will assist them in accessing career opportunities.

Thank you to Citi Group and ABCN for their ongoing support and partnership that is leading to outstanding student outcomes at and beyond school. In addition, it is essential we recognise the great teachers and parents who are supporting this level of student success.



PHS CONGRATULATES OUR 5 AURORA SCHOLARSHIP RECIPIENTS

Congratulations to Summah-Rose Dickson, Alicia Templeton, Jack Winters, Tyson Winters and Kathleen Kennedy of year 8 who recently won Aurora Scholarships. They are 5 of 30 winners of these prestigious scholarships across Western Sydney. The Indigenous Academic Enrichment Program builds increased academic opportunities for Aboriginal and Torres Strait Islander high school students.

Scholarships commence in Year 8 providing intensive and continuous educational support through to the end of the first year out of high school. Each student receives 200 hours of support annually to ensure that they achieve their goals and potential.

The aim of the scholarship program is for every Indigenous to complete high school with the academic skills to succeed in higher education and employment. As well as academic excellence, the Aurora Scholarship program fosters resilience through strengthening culture and identity with the support of Elders, Indigenous mentors and specialist staff.

Great credit also needs to be paid to these students great teachers, our Aboriginal Education Officer Karlene Rex, our PACE Team and parents for supporting our Aboriginal students that is leading to their success.













MAYORAL RECEPTION AND RECOGNITION OF PLUMPTON HIGH SCHOOLS CONTRIBUTION TO THE LIVERPOOL PLAINS CHRISTMAS APPEAL - PARTNERING BLACKTOWN CITY COUNCIL

Plumpton High School was recognised by the Mayoress of Blacktown City on Monday night 25 February at a Mayoral Reception in Blacktown. The recognition Award was received by the Plumpton High School, School Captains. Congratulations need to be extended to the Plumpton community led by the SEC Team Charity – Angel Alvarado, Elyse Amigo Vanessa Salindeho, Razi Uddin and Ahmed Muhammed raised the modest sum of \$380 to support this cause. The SEC then purchased gifts for boys and girls ages 4 – 16 and wrapped them in a gift donation as part of the relationship that has developed with Liverpool Plains. Greg McCallum, the Sister Cities Project Officer with a previous Blacktown Youth Ambassador attended Plumpton High School to formally receive the gifts on 12 December.

This Mayoress Christmas Appeal supported the impact of the drought on the young people of Quirindi and Liverpool Plains.

On Friday 14 December 2018 a Christmas Street Parade took place in Quirindi where a percentage of the gifts donated in the appeal with be given out to the young people of the area.



SENIOR GIRLS UNIFORM - A PARENT'S CONCERN

February 2019

Dear Mr Loyd,

My name is *** and I am a very proud parent of 3 students whom currently attend Plumpton High School. My eldest child is now in year 12, then my son in year 10 and my youngest daughter who started this year 2019 in year 7.

I have always defended my kids High School, I always speak highly of Plumpton High School and the administration staff, as well as our teaching staff members. I am a loyal and a proud parent of Plumpton High. I have never had any issues with teachers there or even against other parents/students who belong to the school in all these years. Also my children are receiving an education level that I am pleased and satisfied with.

Mr Loyd, my heart felt concern is regarding the girls uniform - Senior Skirt only. I love our school colours and the combination of uniform choices but the length of the Senior Skirt is almost embarrassing.

I have 4 daughters that I have always encouraged and educated regarding a respectful dress code for young girls at all times. I believe that a respectful dress code for girls will hopefully encourage male students or even the public in general to look upon our female students with respect and give our female students a sense of pride and integrity for themselves.

In the past I have observed and witnessed our senior female students having trouble sitting down without displaying there under garments at school assemblies and other school events. I have had a large number of concerned parents share their concerns, who feel exactly the same way as I do. Whether they have raised these issues or not is totally their own prerogative.

Would it be asking too much from our School to please have the length of our senior skirts a bit closer to the knees? The length of our senior skirts are sitting just below their private area. Therefore, as a parent this plays a very serious concern for not only my daughters, but all the other female students. Surely there should be a respectful regulation on the length.

I do not want any reason for males or male students to feel that they can physically harm or verbalise negative and vulgar comments to our female students due to wearing extremely short senior skirts. I believe that the length of the senior skirts will only attract negative disrespectful behaviours.

I am sharing my concerns in all hopes that I have not offended or over stepped the values of our school. I just wish for a positive outcome, positive change and positive attitudes.

Yours Sincerely



PLUMPTON

PLUMPTON HIGH SCHOOL

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 ● School Code:
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	DEPUTY PRINCIPAL : Ms Melanie Groth	DEPUTY PRINCIPAL : Ms Kelly Lawson
 0		

February 2019

Dear Ms ***,

PRI Mr T

Firstly, thank you for being a strong advocate for our great school, it is greatly appreciated. We continue to strive each day to provide high quality opportunities for our students.

Thank you for your email outlining your concerns regarding the senior girls' skirt. I too have these concerns and have been working hard to address uniform overall with new additions to the uniform in recent years (dress, dress pants for girls, chinos for boys and additional blazers for students who represent the school).

The skirt the school sells from the Clothing shop at Plumpton High School is a length at approximately the knee length and as such represents what you suggest, as does the dress we have introduced.

The skirts you are referring to are from a shop in St Marys that is not licenced to sell our uniform, but has had made and sells a skirt made from our school's tartan. We have had previous correspondence with this shop to inform them that they are not able to sell our uniform and we have also discussed with many students this same issue.

I will continue to work towards all students complying with uniform requirements. I am sending students home in some instances to get into the correct uniform and making contact with their parents.

Regards,

lim

Tim Lloyd Principal | Plumpton High School | NSW Department of Education Safe Respectful Learners

RUNWEST

RunWest is Western Sydney's equivalent to the City 2 Surf. It is a community fundraising event and the first ever major running festival to be held in Western Sydney. It will be held on Sunday 31st March, 2019 and participants have the choice of completing the 4km or 12km course.

Our school was involved in a Channel 7 promotional video where a number of our students participated in fitness related activities run by Athletics NSW and John Steffensen (former Australian Olympian).

Our students also had the opportunity to participate in a training workshop which worked on improving running technique and developing agility, balance and coordination which are essential components in athletics.

The RunWest event has been promoted within the school and on our social media pages. It is hoped that a number of our teachers, students and their family and friends register and give this fun fitness challenge a go!

- Mr Simonouski

(Head Teacher PDHPE)





PDHPE

BODY WORLDS VITAL EXHIBITION

On Tuesday, the 19th of March, Mr Mortimer and Ms Riley took 34 Year 9/10 PASS students to visit the Body Worlds Vital Exhibition at Sydney Town Hall.

The Body Worlds Vital exhibition allowed Plumpton High students to see the intricate inside workings of the body by means of a fascinating visual display of donated human specimens. It is the world's only exhibition of its type that makes use of real human bodies acquired via an ethically-reviewed donor program based in Heidelberg, Germany.

The exhibition featured 150 donated anatomical specimens that have gone through a meticulous year-long preserving process of 'plastination'.

These fascinating specimens are used to graphically illustrate the health results of everyday lifestyle decisions, such as smoking and over-eating, on individuals' mental and physical wellbeing. The Body Worlds Vital exhibitions were founded by anatomist Dr Gunther von Hagens, inventor of the plastination process, and Dr. Angelina Whalley, a physician and concept designer. Together, they have curated one of the world's most successful travelling exhibitions.



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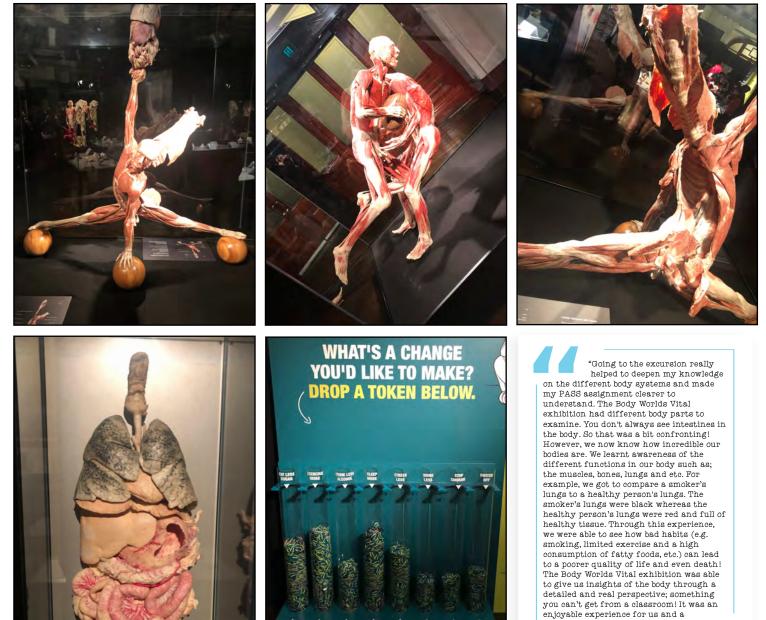
Over 30,000 school children have already attended the Australasian tour. Plumpton students certainly agree that Body Worlds Vital is a unique life-changing tour through the often-hidden processes of human biology and anatomy. It's like a living textbook ---and a whole lot more! It is a rare user's guide to the inner workings of the human body and one that our students will not soon forget.

- My Riley

(Teacher PDHPE)



great way to learn through fun! - Shaibah Hussain 9/10 PASS



MAKE

YOUR CHOICE!

LINK UP - NEWSLETTER | PLUMPTON HIGH SCHOOL

FUTSAL

On 28/3/19, the Under 16s Girls competed at the futsal tournament at Penrith Valley Indoor Sports Centre. The girls demonstrated great skill and endurance throughout the day as they competed with a range of quality sides from many different schools. Their combined effort was rewarded with a quick succession of impressive wins in the pool stages which saw them make the semi-finals. They played their best and were only bested by the two final teams who won the day. This shows that the girls competed with the best and pushed them right to the end of the day. Congratulations to the team for earning third place in the competition.

It was also the Under 16 boys that were fighting for top spot in the tournament. They beat 3 teams consecutively before drawing their last game in the group stage. This was enough to achieve first place within the group stage and progress into the quarterfinals. Their dominant displays continued, beating Katoomba 4-0, before meeting Belmore in the semi-finals. This team had won all the previous matches before going head to head with the Plumpton boys. The game started with a bang with both teams pressing and going hard on the challenges. This only revved up our boys, only narrowly missing the back of the net with a venomous shot that bounced off the crossbar. The other school fought back and put one past us as a result of some scrappy play at the back. However, the boys showed their resilience and hit back with a goal straight away, before hitting another goal in the back of the opposition's net to make it 2-1. The opposition scored a goal in the last 2 min to level up the score, which led the game into extra time before having to go into penalties to decide the semi-final. The boys ended up pulling through, winning the penalty shoot out! Unfortunately, the Plumpton boys missed the chance to win the final through a very tight 2-1 loss to Winmalee. The boys played a total of 7 games with limited rest and are now through to state level. Something the boys have been waiting for, for far too long. This is an outstanding result considering the types of schools they faced of which many have football programs.

On to state level....LET'S GOO!!

- Mr. De Pooli & Mr. Cobrero

(Futsal Coaches)





PHS SWIMMING

ZONE CARNIVAL

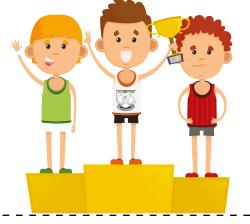
On Thursday 28th February, the following students (F) represented Plumpton High School at the Mt Druitt Zone swimming carnival where they demonstrated their great swimming ability and outstanding sportsmanship.

The carnival was a great success with Plumpton High School finishing 2nd behind Rooty Hill in the overall points score. Plumpton High School also had 5 age champions which is an awesome achievement. Ahmad Qayom Zada Vin Ramos Hayden McLeod Mukhtar Qayom Zada Brendan Murray Shivendra Kumar Zaid Asad Vaughn Lean Jack Hancock Mia Corra Kristiana Ramos Amber Pearce Shriya Thaker Nicole Saville Sarah Bolehala Ebony Hancock Chloe Ryan



ZONE AGE CHAMPIONS

12 Years Girls	F	Kristiana Ramos
12 Years Boys	F	Ahmad Qayom Zada
13 Years Boys		Vin Ramos
14 Years Boys	1	Muhktar Qayom Zada
17 Years Girls		Sarah Bolehala



SYDNEY WEST SWIMMING

On Monday 11th March, the following students represented Mt Druitt Secondary School Sports Association and Plumpton High School at the Sydney West School Sports Association at Sydney Aquatic Centre.

Jack Hancock 🌢 Hayden McLeod 🌢 Brendan Murray 🌢 Ahmad Qayom Zada Mukhtar Quyom Zada 🌢 Vin Ramos 🌢 Kristiana Ramos

There were some great results from all students, however, Kristiana Ramos really excelled at this carnival with the following results:



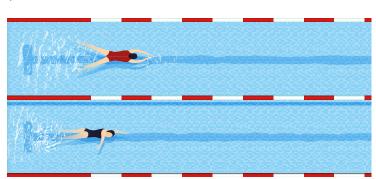


These results meant Kristiana was selected to represent Sydney West and our school at the NSW CHS Swimming carnival.

Well done Kristiana!!

- Mr Akcholls

(Sports Organizer)



YOUNG MEN'S HEALTH FORUM

On Friday 29th March, a small group of our students attended the Young Men's Health Forum at Parramatta RSL. Statistics show that young males are at greater risk of suicide, risk taking behaviours, violence and road accidents. The purpose of this forum is to encourage young male students to re-evaluate their perspectives on a wide range of relevant health issues and provide them with the tools required to enhance their interpersonal skills and wellbeing.

The Young Men's Health Forum utilises expert speakers to inform, engage and influence students on topics such as mental wellbeing, violence, resilience, leadership and healthy relationships. Students have the opportunity to hear these s peakers and then break down these issues further in small groups with a facilitator. These smaller group sessions reinforce key principles, stimulate discussion and provide students with the practical tools to deal with any issues in relation to the discussion topics.

- Mr Simonouski

(Head Teacher PDHPE)

CONV CT ON CONV CT ON PEOPLE STORIE



PDHPE

PEOPLE / STORIES / PERSPECTIVE

GROUP

HOUSE SYSTEM UPDATE

Within Term 1, we have seen fierce competition amongst all four houses! There have been points awarded for students who have excelled in academia, sport and the performing arts, leadership and school/community service. Karinga won the swimming carnival and the netball competition is still underway too which will see the winning team awarded 200 points.

Over the past few weeks, the Heads of House gathered to conduct a voting process during the year 11 and 12 Positive Psychology meetings. Students had the choice of four options and the name with the most votes was the chosen name. The teachers also had the opportunity to put forward their opinions into which house name would be the final decision. The most popular choices are listed to the right

CURRENT LEADER BOARD

1st Place:	
2ND PLACE:	
3rd Place:	
4TH PLACE:	

DANCER (4142 pts) WOODSTOCK (3446 pts) HALKIRK (3188 pts) KARINGA (3128 pts)



HOUSE COMPETITIONS

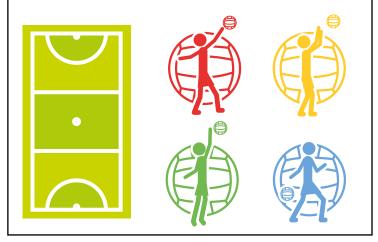
MIXED NETBALL

During term 1, the Mixed Netball Competition held at lunchtimes has been a fiercely contested event, with all the Houses bringing their best team to the courts! The competition was divided into two divisions, a Junior (Years 7-9) and Senior (Years 10-12) division with all Houses supporting their teams on the sidelines. This has generated enormous school spirit among staff and students whilst also discovering talent among the playing groups. The Karinga Kings dominated the mid-court with their athletic prowess and the Dangar Dragons are known for their accurate shooting. Halkirk Hurricanes are surging late in the competition with their unstoppable display of strength in the second half of the games, but the Woodstock Warriors are the juggernauts of the competition with their remarkable display of teamwork as both teams have made it into the finals.

The finals will take place on Monday 1st of April, Lunch 1 for the Juniors and Lunch 2 for the Seniors.

Congratulations to the following teams for making to the finals.

Junior Division - Karinga and Woodstock Senior Division - Dangar and Woodstock



SWIMMING CARNIVAL

The swimming carnival brought a great level of competition amongst the Danger, Halkirk, Karinga and Woodstock houses.

Students competed against each other in multiple races according to their age groups, as well as teachers competing for their houses. Novelty races took place including noodle races, relays and boat races. War cries were the most competitive part of the day. Every student from each house participated which built house spirit. Overall it was an amazing experience.



CROSS COUNTRY

DATE: Tuesday, the 9th of April 2019

Year 7 ~ Period 1 and 2 Year 8 ~ Period 1 and 2 Year 9 ~ Period 2 and 3 Year 10 ~ Period 3

LOCATION: Plumpton High School

PE uniform is required and appropriate footwear (ages 12-14 3000m and ages 15-18 4000m)

All year 7, 8, 9 and 10 students are expected to participate in this event. The top 8 students from each age age group will be

invited to represent the school at Zone Cross Country event in Term 2. Make sure you have sufficient water to last throughout the duration of the event. You will also get points for your house if you make it in the top 8.



ATHELETICS CARNIVAL

DATE: Wednesday 8th of May

LOCATION: Charlie Bali Reserve, Doonside

Wear your house colours to support your house, the best dressed house will be awarded at the Athletics carnival. A house relay will also be held at the end of the athletics carnival (student & staff team).

UPCOMING COMPETITIONS

Next term we plan to run two competitions, consisting of chess and Mario Kart. These competitions will start term 2. week 2. Just like the netball competition in term 1, students that are interested in being part of the competitions will need to put their names down in order to participate. There will also be a junior and senior team for each house. It will be possible for students to participate in both competitions as chess and Mario Kart will be running during different lunches. Closer to the starting date, we will announce when and where the competitions will take place. Make sure to put your name down and support your house!

HEADS OF HOUSE

Ny Parry Ridolfo Mr Lowe Ny Tuiloselose Ny Norpoleoni

SCHOOLS SPECTACULAR 2018



On Thursday, the 7th of February 2019 Plumpton High School Music students were given the amazing opportunity to be a part of The Voice Blind Auditions filming for the upcoming TV Show. The Voice is an Australian singing competition television series broadcast on channel 9. Students travelled to FOX Studios and experienced what it is like to create a TV Production. Students took in the amazing set and stage set up, and were seated in the audience where they watched talented performers sing for their spot on the show. Students listened to the valuable feedback given to the performers by the judges Boy George, Delta Goodrem, Guy Sebastian and Kelly Rowland. Students thoroughly enjoyed the day and gained a lot out of insight and knowledge from the experience

CREATIVE & PERFORMING ARTS

HSC DRAMA - ONSTAGE 2019

On Wednesday 13th February, the year 12 drama students attended the second program of the annual HSC Drama OnSTAGE performance held at the Seymour Centre. OnSTAGE showcases the exemplary performances and individual projects from the 2018 HSC Drama and it allow students to see the e xpectations of the HSC and better understand the syllabus and marking process.







YEARS 9 & 10 VISUAL ARTS

Expressive Form: Ceramics

Concept: A New Perspective - appropriated clay vessel **Skills:** Clay Hand Building Techniques; appropriating a Modernist Painting into a ceramic functional Vessel

Students researched artworks form the Modernist period from art history. They selected a painting of their choice, which they are using to recreate into a 3D ceramic sculptural functional vessel. Students have developed skills in designing, drawing a 3D object from various viewpoints, re-contextualising their Modernist artwork into a new form.

Students are developing clay hand building techniques to create their sculptural vessels, critically thinking and problem solving how to transfer a 2D drawing into a 3D form.



CREATIVE & PERFORMING ARTS

YEAR II VISUAL ARTS

Expressive Form: Drawing **Concept:** Still Life Composition

Students have been Experimenting with drawing materials, tools and techniques through creating a still life artwork. Students have been developing compositional skills focusing on the arrangement and placement of objects. The class had to practically applying the Elements of Art and Principles of Design, which they initially identified in other artists' artwork.



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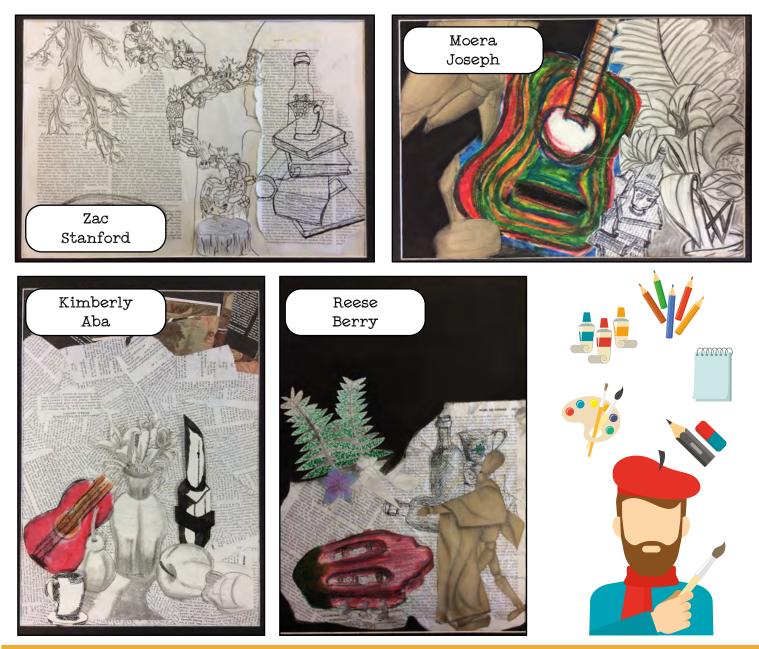








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CREATIVE & PERFORMING ARTS

II PHOTOGRAPHY, VIDEO & DIGITAL MEDIA

Expressive Form: Video and Digital Imaging **Concept:** Introduction to Practice in Video and Digital Imaging

Students have been developing skills in composition; film storyboarding and sequencing; still and video camera techniques and using Adobe Photoshop, Adobe Premiere and Moviemaker for digital manipulation and video editing. Students have been learning how to use the photography studio and experimenting with lighting during a photography shoot. At the moment students are working on recreating the opening credits for a TV show of their choice, which will also be accompanied with a DVD cover for the TV show.

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CREATIVE & PERFORMING ARTS

ABORIGINAL DANCE WORKSHOP

On Friday 15 March, six of our Aboriginal and Torres Strait Islander Dance students attended a workshop at the Robyn Webster Sports Centre at Tempe. The workshop was run by the NSW Public Schools Arts Unit in collaboration with internationally renowned Bangarra Dance Theatre.

The workshop helped to foster the development of their dance skills and cultural significance for Aboriginal and Torres Strait Islander students.

During the workshop students learnt contemporary indigenous dance repertoire from some of Bangarra's leading choreographers, Patrick Thaiday and Sidney Salter.





angarra

DANCE THEATRE

BOYS ONLY HIP HOP WORKSHOP

On Monday 11 March 8 of our talented male hip hop dancers attended a Boys Only Hip Hop workshop at Rooty Hill High School. The workshop was run by the NSW Public Schools Arts Unit in collaboration with Phly Crew director Neale Whitaker and Sydney Dance Company dancer, Pete Evans.

The workshop helped students to develop their dance skills and motivated them to excel in the hip hop style. The boys learnt a variety of hip hop styles including; b-boy, popping, tutting and locking. Pete and Neale were amazing mentors and helped the students to achieve their best results on the day.





CREATIVE & PERFORMING ARTS



CALLBACK

On Thursday February 14 our HSC students attended the Callback dance showcase at the Seymour Centre in Chippendale. Callback is a celebration of the outstanding talent of students who presented their work as part of the 2018 Higher School Certificate Dance Practical Examinations. It is a showcase of exemplary dance performances, compositions and films presented by students from across the State, from all school systems.

The performance, specifically designed for HSC students included a question and answer with the Supervisor of Marking and a selection of HSC candidates. The HSC students had the opportunity to ask questions about the HSC Dance examination process and gained significant insight into the work involved in preparing for the practical examination.



ARTEXPRESS EXCURSION AT THE ART GALLERY OF NEW SOUTH WALES

ARTEXPRESS is an annual exhibition of artworks created by students from government and non-government schools for the HSC Examination in Visual Arts. The works demonstrate exceptional quality across a broad range of artmaking forms, materials and techniques.

On the 6th March, a group of 30 students from years 10, 11 and 12 Visual Arts classes went to the city to the Art Gallery of NSW with Mrs Atai and Mrs Mangion. Students were given the opportunity to view the art exhibition ARTEXPRESS which represents the high standard and diversity achieved by Year 12 Visual Arts students in New South Wales schools in the 2018 HSC. Students also attended the Artexpress Study Morning session, where four 2018 HSC Visual Arts students shared their art practice, experiences and advice of creating a HSC Body of Work artwork.

'I liked that the pages from students Process Diaries were displayed and that different ideas were shown through various expressive forms' ~ Moeroa Joseph "As I explored the Artexpress exhibition, I was inspired by the photomedia artworks. which has led me to start thinking about my own artmaking and what I could do" ~ Hayley Wilson The artworks inspired me with the various types of artworks I could do. The speeches from previous students who shared their experiences made me realise it's okay to take risks'

"Artexpress was a great experience which has given me inspiration for my HSC artwork. I recommend that every year 11 Visual Arts student should experience it." "Artepress helped me to get an idea of what I am going to do for my HSC artwork. It was very inspiring to hear from the artists. Their challenges and what inspired them"

"I love that there were former students from the

2018 HSC who presented

their artworks and art making processes, as well as encouragement for the

hurdles they came across"

'Exploring different

art forms was like a

journey into another world"

Evangelo Bandeleon

~ Reece Berry

HSIE

INNOVATION NATION



On Thursday 14th February, Mr Valero and Mr Lowe's Business Studies and Commerce classes were involved in the Innovation Nation incursion.

HSIE

11 MODERN HISTORY MUSEUM - AMERICAN CIVIL WAR

Year 11 Modern History students have been learning about the American Civil War in their Preliminary course. As part of their unit of work they had the opportunity to interact with authentic artefacts express from the US as they analysed a range of different sources, including army uniforms, official declarations and battlemaps to discover what life was like leading up to the American Civil War.





YEAR 12 FAST FORWARD CONFERENCE (MARCH 1ST, 2019)

After four exciting years the Year 12 Fast Forward students attended their final university day at Western Sydney University. The students engaged in multiple university workshops and were afforded the opportunity to explore a range of career options as they interacted with university students and professors who share their passion for learning and further education. The students were delighted to see former Plumpton student Jessica Szakacs accept her Western Sydney University Fast Forward Academic Excellence Scholarship in front of all schools involved in the program.



HSIE

HARMONY DAY



On Thursday 21/3/19, Plumpton **High School celebrated Harmony** Day to recognise intercultural understanding and highlight the importance of cultural diversity. The whole school marked the event with a Harmony Day ribbon formation which symbolised the combined support the school has for one another's background. After students listened to a couple of very supportive speeches at a morning assembly and accepted their Harmony Day certificates for demonstrating inclusivity within the community, they engaged in a lesson which saw them reflect on and share their culture with others. The day was rounded off with students running their own inclusivity booths in the quad during lunch time to promote conversations around cultural diversity and supporting inclusivity.

LANGUAGES

YEAR 7 ITALIAN

On Tuesday, 26 March 2019, we presented Raffaello, the NAO robot to the Department of Education Corporate Finance visitors. Our guests thought it was amazing that we can have a conversation in Italian with a robot.

In class, we are using the robot to code and practice our communication, understanding, composing, interacting, accessing and responding skills while speaking in Italian. Ms Fioravanti and Mrs Dela Vega have brought Raffaello to class to assist us with learning Italian. The robot has really helped us to learn and we have improved so much. It makes it easier to learn Italian because we can interact and enjoy the lessons instead of only writing in our books and reading another language from paper. Also, we have been practising our Italian dialogue to demonstrate our language skills. We think being able to talk to a robot and our classmates in Italian is so much fun.

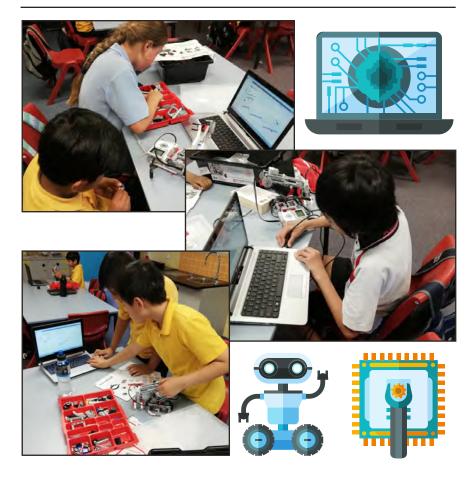
Overall, learning Italian is such a great experience. You should definitely try to learn another language! It is an opportunity you do not want to miss! Written by: Amelia Furneyvall & Janaye Jeffery (7 Da Vinci Students)





MATHEMATICS

ROBOTICS & CODING AT PLUMPTON



In 2017 we started the Robotics & Coding course at Plumpton High School providing students opportunity to develop knowledge and skills within STEM subjects which undoubtedly gives a head start to all participating students preparing for ever-changing future job market. We not only offer this subject as an elective for year 7 and 8 students but the course is also offered to stage three and four students in the weekly afterschool gifted and talented class. In this course students learn about automation, electric circuits, algorithm, logic sequence, applied maths, computer I/O while building robots using LEGO Mindstorm kits. Student learning is also guided by the TREC on Ramp course developed by the Carnegie Melon University. This year our after-school Gifted and Talented class, for the first time will be participating in the 'First Lego League' competition in August which is supported by Macquarie University and runs across Australia.

GETTING TO KNOW THE LASER CUTTER / ENGRAVER

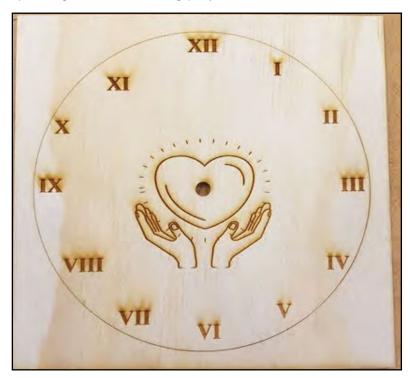
The students in Stage 5 Engineering have been getting their hands on our new Laser Cutter/Engraver to produce awesome projects. This is an example of laser cut desk tidy by Jakson Elvy. The original model was drawn using CAD (Autodesk Inventor) and the picture is a hand-drawn image by Jakson that was photographed and put into the software. All this was put into the laser cutter/engraver to produce this fantastic work – Great effort Jakson!



TAS

YEAR 7 TECHNOLOGY

The new Laser cutter/engraver has made a significant difference to the type of projects we can offer students. The first project for year 7 is a clock that has a clock face that is engraved with an image of their choice. It is proving to be an exciting project!







DUKE OF EDINBURGH

BRONZE & SILVER LEVEL AWARDS IN FULL SWING

The duke of Edinburgh award program is in full swing at Plumpton High School. So far this year, year 9 have been working hard in their PDHPE classes to learn all the elements of achieving their Bronze Level award. From content about the four components to preparing for a practice adventure journey to be held in term 2. To finish term 1 off, year 9 will be practicing their compass skills, through completing a scavenger hunt on the back oval during one of their PDHPE lessons in the final weeks of term 1. Watch this space for further details on the progress of the Year 9 bronze level cohort for 2019.

Furthermore, the year 10 Bronze students are working even harder to finalise their Bronze hours of their skill, community service and physical recreation. While also completing their qualifying adventure journey at the Euroka Clearing in the Blue Mountains National Park. So far, 13 students have attempted and completed the qualifying journey finding that they have learnt so much about themselves and are thankful for being encouraged to step out of their comfort zone. "I really enjoyed the challenge of navigating through the natural habit of the Australian bush."

Thank you for the continual support of our plumpton community towards to students achieving their Bronze and Silver level of the Duke of Edinburgh program. As mentioned, continue to watch this space for further updates on our students achievements with their Bronze and Silver activities.

- Mrs Prinsloo 🚄

(Duke of Ed Coordinator)





SKOOL BAG APP - HOW TO

Stay informed with the SkoolBag App



The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and **all** school communications.



Download the app

Search for the free SkoolBag app in the Apple App or Google Play Store





Create an account

Sign up in seconds with your email address





Add your school

Search for your school and add your subscription groups



SKOOL BAG APP - STAY UP TO DATE WITH PHS

At Plumpton High School we are constantly working on creating opportunities to allow students, staff and the community members to be 'the best we can be'. As part of our commitment to innovation and communication, Plumpton High School now has its own app that can be downloaded onto Apple and Android devices. This exiciting tool will give parents and guardians increased access to vital information about important events being run at the school as well as being able to fill out e-forms at the click of a button to help explain student absence or give permission for extra-curricular events.

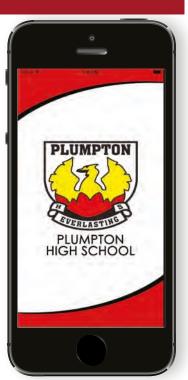
As technology continues to evolve, Plumpton High School is dedicated to evolve with it in any way that enables us to best support our students and their community.

You can download the app by searching Plumpton High School Skool Bag on your devices app store. Google play









MANAGING MY PASS OUT CARD RESPONSIBILITIES

INFORMATION FOR YEARS 11 & 12'S:

As a Year 11 or 12 student at Plumpton High School you have been provided with a 'Pass-Out Card' that will allow you to enter and leave the school at different times to that of junior students (Years 7-10). Plumpton High School sees the Year 11 and 12 students as young adults and as such the school seeks to provide a level of responsibility equivalent. Outlined below are the expectations and guidelines associated with your Pass-out Card.

- 1. You will only be permitted to leave the school if YOU have YOUR Pass-Out Card
- 2. If you do not have a class Period 1 you may arrive at 10am
- 3. If you have no class P4 you need to leave during lunch 2 (gates are locked at the end of lunch 2, if you are still here you need to be in the library)
- **4.** All students to be present Period 2 and Period 3 = Senior Study or Library
- 5. You may attend the shops Lunch 1 and Lunch 2 with your card
- 6. You need to return before the bell goes at the end of Lunch 1 or Lunch 2
- 7. Food purchased at the shops is to be consumed at the shops (please do not buy for juniors).
- 8. If you attend TAFE you are to depart at 1:00pm unless alternate permission is granted.

Note: The front gates are closed during the course of the normal school day. Please ensure you enter/exit at set times to reduce inconvenience to office staff.

Should you make decisions and take actions that contravene the expectations and guidelines associated with the Pass-Out Card the privilege may be removed.



BEING THE BEST WE CAN BE



Our School Expectations:

- 🗸 Be Safe
- ✓ Be Respectful
- 🗸 Be a Learner

We want our students to be:

- ✓ Great Learners
- ✓ Responsible, Productive Citizens
- \checkmark Leaders Now and in the Future
- \checkmark Kind and Respectful to QLL Others



Can I answer YES to these questions?:

- ✓ Am I in the right place?
- $\checkmark\,$ 0m I doing the right thing?
- ✓ Om I being fair?
- ✓ am I being helpful?
- ✓ Am I being kind?



ALL ACTIONS HAVE CONSEQUENCES

At Plumpton High School, we understand that all actions have consequences. As a school, we work together in peaceful, helpful and kind ways so that the consequences of our actions are positive ones. There are many rewards for working together in such a way, including:

- Feeling good about ourselves and others
- Enjoying our lives at school
- Being able to participate in great learning and many school activities
- Being acknowledged for our work with merit certificates and other awards
- Being involved in leadership activities
- Being successful in our learning

Sadly, it happens that people sometimes lose their way and forget their responsibilities to themselves and to others in our school community. We have to make sure we have good systems in place to prevent such things from negatively affecting our lives at school and our learning. Some of the consequences for people behaving badly include:

- Warnings and action by your teacher if you fail to meet the behaviour standards.
- Referral to the head teacher for action if the problem persists.

ACHIEVING HIGH BEHAVIOUR STANDARDS TOGETHER

We all have a shared responsibility to help the learning and wellbeing of the large majority of students. To do this we need to re-establish our standards in a number of focus areas.

It must be clearly understood that there will be concequences for people who fail to meet the behaviour standards outlined in the document.

We cannot accept behaviours which impact negatively on our school learning environment. We each have a responsibility to be the best learners, citizens, and leaders we can be. We must respect the wellbeing of others and the learning of others



ATTENDANCE

Attendance Updates Via E-mail & SMS

Dear Parents / Carers,

If you would like to develop an email link with our Head Teacher Administration, Ms Catterall regarding your child's ATTENDANCE at Plumpton High School, please just send her an email at:

deborah-jane.catterall@det.nsw.edu.au

The email should state the following: your name (first & last name), your child's name (first and last name) and what year they are in. She will then add you to her Parent/ Carer contact list. This will enable her to send you a graphic displaying your child's attendance record for the term. The graphic will be sent as an email attachment (Word file). This will be a quick form of communication if she has any attendance concerns regarding your child.

In 2013, the school has introduced a new attendance tracking system, that has removed the need for paper rolls and runners to collect the rolls. Teachers are now marking rolls electronically in class, giving the school instant data on student attendance in class (as shown below). The new system has been an instant success giving all staff access to an excellent attendance profile of all students, so that any concerning patterns of attendance can be addressed promptly. Remember that there is a very close relationship between high attendance and student success. To encourage students to set high standards for attendance, 3 awards will again be presented at Presentation Day & Graduation in 2019: Gold, Silver & Bronze Attendance Awards.

SMS Notifications

Since 2016 you would have been receiving SMS notifications if your child is either absent from school or late to school. Please reply to these SMS notifications promptly so that your child's attendance record can be updated. If the school does not have your most recent **mobile number**, could you please contact the school on 9625 7020 and request a 'Change/Update of Details Form'





BEHAVIOUR EXPECTATIONS

	Be Safe	Be Respectful	Be a Learner
Common Areas	 I wear school uniform. I walk at school. I keep my hands and feet to myself. I report any problems. I stay where I am supposed to be (in class during lesson or in bounds during lunch.) 		 I say no to bullying. I follow teachers' instructions. I speak politely and use appropriate language. I put my rubbish in the bin. I leave banned items at home. I keep the school vandalism and graffiti free
Class	 I ask permission to leave my seat/class. I sit on my seat properly. I sit at my desk properly. I follow the safety procedures of the class. 	 I listen to the person who is speaking to the class. I put my hand up and wait silently to speak. I take my hat off when I enter the room. I am accepting of the opinions and contributions of others. 	 I do my class work to the best of my ability. I bring the equipment needed for each lesson.
Playground	 I stay inbounds. I act and play safely. I report any dangerous or damaged equipment. I report strangers to a teacher. 	 I wait my turn at the canteen. I start walking to class when the bell goes. I put my rubbish in the bins. 	 I use the toilets during breaks rather than during class. I use lunchtime effectively by having something to eat, talking to friends, playing a game, visiting the library or seeing a teacher.
Hallways	 I stay to the left when walking. I line up as directed by my teacher. I use the banisters for my hands. I carry my bag safely so it won't hit into others. 	 I walk quietly so others can continue learning. I stand and wait until instructed to enter the room. I enter and exit classrooms without pushing. 	 I move to class quickly. I encourage other students to get to class. I show that I know how to go from class to class. I have a permission note if I am out of class.
Toilets	 I wash my hands after using the toilets. I keep the toilet facilities clean. 	 I use the toilets correctly. I save water by turning off the tap. 	 I use the toilets during lunch times. I have a permission note if I go to the toilets during class time.
Bus Bay/ Bus	 I wait patiently for the bus. I stay behind the green fence while I wait for the bus. I get on and off the bus without pushing. I keep myself and my belongings inside the bus. 	 I line up when I see my bus approaching. I speak politely to the bus driver and other passengers. 	 I model the right behaviour on the bus. I have my bus pass and T-Card.
Formal Exams	 I sit properly on my chair. I sit properly at my table. I walk carefully to my table. 	 I am silent. I put my hand up and wait silently to ask a question. I face the front. I listen to instructions. I sit where I am asked. I leave banned items at home. 	 I do my best and attempt every question. I bring the necessary equipment. I keep my eyes on my own work. I allow others to concentrate.
Assemblies	 I enter & exit in an organised manner. I sit appropriately. 	 I am quiet throughout the assembly. I listen to all announcements. I act as a mature audience member. I congratulate the achievements of others appropriately. 	 I think about what is presented at the assembly.
Free Periods	• I remain seated in the appropriate area.	 I am respectful of classes by sitting quietly. 	• I use the time to complete all homework or study.



